

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 3448  
TO BE ANSWERED ON 07<sup>TH</sup> AUGUST, 2026**

**DISTRICT MENTAL HEALTH PROGRAMME IN RAJASTHAN**

**3448. SHRI HARISH CHANDRA MEENA:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of districts in Rajasthan where the District Mental Health Programme (DMHP) is in operation at present;
- (b) the number of districts where Mental Health Care Cells have been established under the programme up to 31st March, 2026;
- (c) whether functional DMHP teams with the necessary psychiatric and counselling staff are available at the district hospital in Tonk and Sawai Madhopur districts, if so, the details thereof and if not, the reasons therefor;
- (d) the number of calls received through Tele-MANAS services from Rajasthan during 2025-2026, along with the number of cases referred for in-person mental healthcare from the said districts; and
- (e) the steps taken by the Government to fill the vacant posts of psychiatrists, psychologists and counsellors in the said district hospitals?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI PRATAPRAO JADHAV)**

(a) to (e) Public Health and Hospitals are a state subject. Under National Health Mission (NHM), through the District Mental Health Programme (DMHP), mental health services are provided to citizens. The District Mental Health Programme (DMHP) is currently operational in all 41 districts of Rajasthan, including Tonk and Sawai Madhopur.

The number of calls received through Tele-MANAS services from Rajasthan during the 2025-26 along with the number of cases referred for in-person mental healthcare from the said districts is as under:

| Name of the District | Total calls handled | No. of Inperson Referrals |
|----------------------|---------------------|---------------------------|
| Tonk                 | 299                 | 14                        |
| Sawai Madhopur       | 393                 | 16                        |

Under the tertiary care component of National Mental Health Programme (NMHP), 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties.

Under the National Health Mission, following types of incentives and honorarium are provided for encouraging specialist doctors to practice in public healthcare institutions in rural and remote areas of the country:

- i. Hard area allowance to specialist doctors for serving in rural and remote areas and for their residential quarters so that they find it attractive to serve in public health facilities in such areas.
- ii. States are also allowed to offer negotiable salary to attract specialist including flexibility in strategies such as “You Quote We Pay”.
- iii. Non-Monetary incentives such as preferential admission in post graduate courses for staff serving in difficult areas.
- iv. Multi-skilling of doctors is supported under NHM to overcome the shortage of specialists.

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