

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**LOK SABHA  
UNSTARRED QUESTION NO.4443  
TO BE ANSWERED ON 12<sup>TH</sup> AUGUST, 2016**

**COMPULSORY YOGA TRAINING**

**4443. SHRI R.P. MARUTHARAJAA:  
SHRIMATI KOTHAPALLI GEETHA:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) whether the Government is contemplating to make yoga training compulsory for all IAS officers and personnel of Army, Paramilitary Police Services etc.; and

(b) if so, the details thereof?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a) & (b): Training in Yoga is imparted in the Indian Army as a part of overall physical training. An eight weeks yoga course is conducted thrice a year at the Army Institute of Physical Training, Pune. The trained personnel are further utilized at places wherever posted to train the troops in yoga.

Further, the Ministry of Home Affairs has issued instructions to all Central Armed Police Forces (CAPFs) to incorporate Yoga as part of daily physical exercise.

As regards Yoga Training for IAS officers, information is being collected and will be laid on the table of the House.

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