

GOVERNMENT OF INDIA
MINISTRY OF WOMEN AND CHILD DEVELOPMENT

LOK SABHA
UNSTARRED QUESTION NO. 2192
TO BE ANSWERED ON 29.07.2016

PERFORMANCE UNDER ICDS

2192. SHRI M.K. RAGHAVAN:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

- (a) whether the Government has identified parameters for Sustainable Development Goal (SDG) performance under Integrated Child Development Services (ICDS) scheme;
- (b) if so, the details thereof; and
- (c) the measures taken by the Government to achieve the goal under ICDS?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF WOMEN AND CHILD DEVELOPMENT
(SHRIMATI KRISHNA RAJ)

(a) to (c): The Development Agenda for 2016-2030 of United Nations, articulating the Sustainable Development Goals (SDGs), was adopted and signed by Government of India in September, 2015. The SDGs comprise of 17 goals and 169 targets. The Goals 2 and 3 relate to improvement in nutrition and ensuring healthy lives & promoting well-being for all at all ages respectively.

The Food and Nutrition Board of this Ministry, through its regional field units, is engaged in conducting training programmes in nutrition, in addition to advocacy towards generating awareness through nutrition education programmes on the importance of healthy balanced diets especially through the use of locally available foods, mass awareness campaigns and use of electronic and print media.

The comprehensive package of services presently provided under ICDS encapsulates integrated provisions for health, nutrition and stimulation to support the beneficiaries.

The Supplementary Nutrition (SNP) is one of the services provided under the ICDS Scheme which is primarily designed to bridge the gap between the Recommended Dietary Allowance (RDA) and the Average Daily Intake (ADI). The SNP is given to the children (6 months – 6 years) and pregnant women & lactating mothers under the ICDS Scheme. The details of SNP provided to different category of beneficiaries as per the norms issued on 24-02-2009 are as under:-

Sl.No.	Category	Type of food
1.	Children (0-6 months)	Exclusive breastfeeding for first 6 months of life.

2.	Children (6-36 months)	Take Home Ration containing 500 calories of energy and 12-15 gms. of protein in the form that is palatable to the child. It could be given in the form of micro- nutrient fortified food and/or energy dense food.
3.	Severely malnourished children (6-36 months)	Food supplement of 800 calories of energy and 20-25 gms. of protein in the form of micronutrient fortified food and / or energy – dense Food as Take Home Ration.
4.	Children (3-6 years)	Food supplement of 500 calories of energy and 12-15 gms. of protein per child per day. Morning snack in the form of milk / banana / seasonal fruits etc. and Hot Cooked Meal.
5.	Severely malnourished children (3-6 years)	Additional 300 calories of energy and 8-10 gms. of protein (in addition to 500 calories of energy and 12-15 gms. of protein given at AWC) in the form of micro-nutrient fortified food and/or energy dense food.
6.	Pregnant women and Nursing mothers	Take Home Ration as food supplement of 600 calories of energy and 18-20 gms. of protein per beneficiary per day in the form of micro-nutrient fortified food and / or energy dense food.

The following is some of the physical progress made under ICDS Scheme in the last four years i.e. 2012-13, 2013-14, 2014-15 & 2015-16, as on 30.09.2015.

- (i) Number of beneficiaries [children (6 months to 6 years) and pregnant & lactating mothers] for supplementary nutrition increased from 956.12 lakh to 1030.14 lakh during last four years;
- (ii) Number of beneficiaries [children (3-6 years) for pre-school education increased from 353.29 lakh to 354.05 lakh during last four years.
- (iii) Number of projects increased from 7025 to 7072 and number of Anganwadi Centres increased from 1338732 to 1349091 during the last four years.

Inputs on Millennium Development Goal, Targets & Indicators (Data Source Wise) in respect of ICDS Scheme

Integrated Child Development Services [ICDS] Scheme is a centrally sponsored Scheme being implemented by the State Governments/UT Administrations. The scheme aims at holistic development of children below 6 years of age, pregnant women and lactating mothers by providing a package of six services comprising (i) Supplementary nutrition; (ii) Immunization; (iii) Health check-up; (iv) Referral services; (v) Pre-school non-formal education; and (vi) Nutrition & health education are provided to the targeted beneficiaries i.e. all children below 6 years, Pregnant and Lactating Mothers. **Three of the six services namely Immunisation, Health Check-up and Referral Services are delivered through Public Health Infrastructure under the Ministry of Health & Family Welfare.**

There are 14 lakh approved Anganwadi Centres and 7076 ICDS Projects in the country. The Scheme is universal and applicable to all the beneficiaries irrespective of any economic or other criteria. The services are provided at the AWCs through the Anganwadi Worker and Anganwadi Helper.

While continuing the ICDS Scheme during the XII Plan, Government of India approved the Restructuring and Strengthening of ICDS Scheme. The goals and target of restructured and strengthened ICDS are (i) to prevent and reduce young child under nutrition by 10 % points in 0-3 years and enhance early development and learning outcomes in all children below six years of age (ii) improved care and nutrition of girls and women and to reduce anaemia prevalence in young children, girls and women by 1/5th and (iii) achieve time bound goals and outcomes with results based monitoring of indicators at different levels.

Consequent to restructuring and strengthening of the ICDS Scheme, the existing package of services under the Scheme were reformatted. Care & Nutrition counselling [including (i) Infant & Young Child Feeding (IYCF) Promotion and Counselling, (ii) Maternal Care and Counselling, (iii) Care, Nutrition, Health & Hygiene Education and (iv) Community based care and management of underweight children] and Health Services [including (i) Immunization and micronutrient supplementation, (ii) Health Check-up and (iii) Referral Services] for children in the age group of 0-6 years and Pregnant and Lactating mothers, have been included in the core package of ICDS services.

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- (iv) Number of beneficiaries [children (6 months to 6 years) and pregnant & lactating mothers] for supplementary nutrition increased from 956.12 lakh to 1030.14 lakh during last four years;
- (v) Number of beneficiaries [children (3-6 years) for pre-school education increased from 353.29 lakh to 354.05 lakh during last four years.
- (vi) Number of projects increased from 7025 to 7072 and number of Anganwadi Centres increased from 1338732 to 1349091 during the last four years.
