

GOVERNMENT OF INDIA
MINISTRY OF WOMEN AND CHILD DEVELOPMENT

LOK SABHA
UNSTARRED QUESTION NO. 2165
TO BE ANSWERED ON 06.05.2016

Morning Snacks in Supplementary Nutrition Programme

2165: SHRI BHOLA SINGH,

SHRI A.P. JITHENDER REDDY:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state;

- a) whether some State/UTs are implementing the Supplementary Nutrition Programme by providing special morning snacks and hot cooked meals to children between 3-6 years under Integrated Child Development Services (ICDS) scheme;
- b) if so, the details thereof including additional financial assistance provided to such States/UTs, State/UT-wise;
- c) whether the introduction of morning snacks under the said programme has made any impact on the health and improvement in nutritional status of the children;
- d) if so, the details thereof;
- e) whether the Government is planning to expand the coverage of morning snacks to rest of the remaining States/UTs; and
- f) if so, the details thereof along with progress made in this regard so far ?

ANSWER

MINISTER OF WOMEN AND CHILD DEVELOPMENT
(SHRIMATI MANEKA SANJAY GANDHI)

(a & b) Yes, Madam. All the States/UTs are implementing Supplementary Nutrition Programme.

The details of supplementary nutrition provided to beneficiaries are as under:

S. No.	Category	Type of Food
1.	Children (0-6 months)	Exclusive Breast feeding for first 6 months of life.
2.	Children (6-36 months)	Take Home Ration in the form that is palatable to the child. It could be given in the form of micro-nutrient fortified food and/or energy dense food.
3.	Severely malnourished children (6-36 months)	Same type of food as above with food supplement of 800 calories of energy and 20-25 gms. of protein.
4.	Children (3-6 years)	Morning snack in the form of milk/banana/seasonal fruits etc. and Hot cooked Meal.
5.	Severely malnourished children (3-6 years)	Additional 300 calories of energy and 8-10 gms. of protein in the form of micro-nutrient fortified food and/or energy dense food.
6.	Pregnant women and Nursing mothers	Take Home Ration in the form of micro-nutrient fortified food and/or energy dense food.

Financial assistance is provided to States/UTs for Supplementary Nutrition Programme under ICDS Scheme at the rate of 50:50 cost sharing ratio between Centre & States; 90:10 to 8 North Eastern States & 3 Himalayan States and 100% to UTs.

(c & d) According to National Family Health Survey (NFHS)-3 (2005-06) carried out by Ministry of Health & Family Welfare, Government of India, 42.5% children under 5 years of age are underweight, 48% are stunted and 19.8% are wasted. However, as per the Rapid Survey on Children (RSoC), 2013-14, commissioned by Ministry of Women and Child Development, there is a reduction in underweight among children under 5 years of age from 42.5% in NFHS-3 to 29.4%, stunting from 48% in NFHS-3 to 38.7% and wasting from 19.8% in NFHS-3 to 15.1% in RSoC.

(e & f) The ICDS Scheme has since been universalized to cover all the States/UTs of the country.
