

GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
LOK SABHA  
UNSTARRED QUESTION NO. 1222  
TO BE ANSWERED ON 02.05.2016  
**Yoga and Naturopathy in Colleges**

1222. SHRI NALIN KUMAR KATEEL:

SHRIMATI KAMLA DEVI PAATLE:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the Government proposes to introduce Yoga and Naturopathy in all the schools and colleges in the country and if so, the details thereof;
- (b) the steps taken/proposed to be taken by the Government for the standardisation of various syllabus being followed in the said schools/institutions;
- (c) whether the Government proposes to constitute a regulatory body for the schools/institutions providing Yoga and Naturopathy education in the country;
- (d) if so, the details thereof; and
- (e) the other steps being taken by the Government for the promotion of Yoga and Naturopathy Education in the country and also to introduce from the current academic session?

**A N S W E R**

**MINISTER OF HUMAN RESOURCE DEVELOPMENT  
(SHRIMATI SMRITI ZUBIN IRANI)**

- (a) As per the National Curriculum Framework (NCF)-2005, Yoga is an integral part of Health and Physical Education at all level of school education. Education, being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, it is for the respective State/ Union Territory Governments to introduce this subject in their schools. However, for the schools affiliated to Central Board of Secondary Education (CBSE), Health and Physical Education is compulsory for Classes I to X and optional at classes XI and XII. The Government had set up a Committee to suggest modalities to introduce Yoga education in Universities, which has recently submitted its report.

(b) Based on the NCF-2005, the National Council of Educational Research and Training (NCERT) have already developed model syllabi and textual material for Health and Physical Education, which includes Yoga.

(c) & (d) There is no proposal of H.R.D at present. However, Ministry of AYUSH has constituted National Board for the Promotion and Development of Yoga and Naturopathy.

(e) In order to promote Yoga among students, it has been decided to organize Yoga Olympiad, involving school children, as part of the celebration of International Day of Yoga-2016. CBSE also organizes National level competition annually for the schools affiliated to it.

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