

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA
AND HOMOEOPATHY (AYUSH)**

**LOK SABHA
STARRED QUESTION NO. 185
TO BE ANSWERED ON THE 06TH MAY, 2016
CENTRES FOR RESEARCH IN YOGA AND NATUROPATHY**

***185. DR. SUBHASH BHAMRE:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) the major research projects undertaken by the Central Council for Research in Yoga and Naturopathy (CCRYN) in the recent past;
- (b) the location of various centres of CCRYN in the country;
- (c) whether the Government is planning to open more such centres with a view to boost research in the field of yoga and naturopathy;
- (d) if so, the details of locations identified along with the financial allocation made and status thereof; and
- (e) the other steps taken by the Government to promote yoga and naturopathy in the country and abroad?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND
HOMOEOPATHY (AYUSH)
(SHRI SHRIPAD YESSO NAIK)**

(a) to (e): A statement is laid on the Table of the House

STATEMENT REFERRED TO IN REPLY TO LOK SABHA

STARRED QUESTION NO 185 FOR 06TH MAY, 2016

(a): The details of the major research projects during last three years undertaken by the Central Council for Research in Yoga and Naturopathy(CCRYN), an autonomous organization under this Ministry is at Annexure.

(b) to (d): A Central Research Institute(CRI) under CCRYN is functioning at Rohini, Delhi. In addition, 1st phase construction of two CRIs at Nagmangala, Karnataka and Jhajjar, Haryana has been completed. For 2nd phase construction and establishment thereof, for these CRIs, funds to the tune of Rs.51.67 Crores have been approved.

Further, the Ministry of AYUSH has also obtained a cost free land near Bhubaneswar from State Government of Odisha for construction of a CRI. In addition to this, State Governments of West Bengal, Andhra Pradesh and Rajasthan have also offered land for construction of CRIs in their states.

(e): The steps taken by the Government to promote yoga and naturopathy in the country and abroad are as below:

(i) The Government has established two more autonomous organizations namely, Morarji Desai National Institute for Yoga (MDNIY), New Delhi; and National Institute for Naturopathy (NIN), Pune with the mandate to impart education and undertake research for scientific validation of the outcomes, thereby enhancing the acceptability of these systems.

(ii) Ministry of AYUSH also promotes Yoga & Naturopathy by carrying out campaigns through print and electronic media. AROGYA fairs at National and State level are organized to make public aware of the benefits of AYUSH systems of medicine including Yoga & Naturopathy.

(iii) The Ministry under its Central Sector Schemes of Information Education and Communication (IEC) and International Co-operation extends financial assistance to State Governments and other reputed Government/ Non Governmental Organizations/ Universities for conducting National/ International seminars/ workshops/ symposiums to promote Yoga & Naturopathy.

(iv) The Co-location of AYUSH facilities including Yoga & Naturopathy at Primary Health Centres (PHCs), Community Health Centres (CHCs) & Districts Hospitals (DHs) and upgradation of exclusive AYUSH Hospitals including Yoga and Naturopathy facilities are included in the AYUSH Services component of National AYUSH Mission (NAM). Further, under flexible components of NAM, a provision has also been kept for AYUSH Wellness Centres including Yoga & Naturopathy.

(v) The Ministry of AYUSH has initiated a Scheme for Voluntary Certification of Yoga Professionals. First phase of the Scheme to certify Yoga teachers was launched on June 22, 2015. The Scheme is being operated by the Quality Council of India (QCI), an apex quality facilitation and accreditation body, under the Ministry of Commerce and Industry.

(vi) A scheme titled “Yoga Training for Police Personnel” has been initiated by the Ministry.

(vii) The initiative of the Government has succeeded in adoption of 21st June, as the International Day of Yoga. The 1st International Day of Yoga was celebrated in the country in a grand manner on 21st June, 2015. The same was also celebrated across the globe involving 192 countries. Arrangements for celebrating 2nd International Day of Yoga on 21st June, 2016 has also been started.

(viii) The Union Cabinet in its meeting held on 17.02.2016 has approved the proposal of the Ministry of AYUSH to sign an agreement with WHO for collaborative activities in the area of traditional Medicine including Yoga.

(ix) Under Central Sector Scheme of International Cooperation (IC), the Ministry of AYUSH undertakes measures for global promotion and popularization of AYUSH systems of Medicine including Yoga.

(x) The Ministry deputed Yoga experts to participate in fairs/ workshops organized by the Ministry of Tourism, Ministry of External Affairs, Ministry of Culture, Ministry of Commerce, etc. and Indian Missions abroad for Yoga demonstration and lectures. The Ministry of AYUSH had, in collaboration with Indian Council for Cultural Relations (ICCR), deputed Yoga teachers to Indian Missions for a period of 7 days by revising IC Scheme to train Yoga enthusiasts for their participation in the Mass Yoga Demonstration organized by various Indian Missions abroad to celebrate the first International Day of Yoga.

(xi) Separately, Ministry of External Affairs (MEA), under auspices of Indian Council for Cultural Relations (ICCR), also deputed Yoga teachers to Indian Missions for imparting training to local students and teachers. MEA also provides publicity material including videos, documentaries, coffee table books, instructional manuals on different aspects of yoga and yogic practices to Indian Missions for display and distribution. The ICCR has recently signed an MoU with Yunnan Minzu University, China, for establishment of Yoga College named “India-China College of Yoga”.

(xii) The constitution of a National Board for the promotion and Development of Yoga & Naturopathy has been approved, ‘in-principle’ in the Ministry.

Annexure

The details of the research projects undertaken by Central Council for Research in Yoga and Naturopathy(CCRYN) in collaboration with reputed institutes during last three years:

Name & Address of the Institute	Title of the Project
DELHI	
Deptt. of Physiology, Vardhman Mahavir Medical College and Safdarjung Hospital, New Delhi	Comparison of Cardiovascular autonomic functions in two groups of myocardial infarction patients (age 30-55 years): A randomized trial involving 2 groups of patients (1) on pharmacotherapy alone (2) on Yoga & life style intervention therapy & pharmacotherapy
Deptt. of Physiology, U.C.M.S., G.T.B. Hospital, Dilshad Garden, Delhi	The effect of Yoga Therapy on Coagulation Profile, Lipid profiles, Lung Diffusion capacity and Quality of Life in Patients with Coronary Artery Disease
KARNATAKA	
ALN Rao Memorial Ayurvedic Medical College, Koppa, Karnataka	A study of efficacy of Yogic and Naturopathy measures in Varicose Veins
Nisarga Nature Cure, Yoga, Physiotherapy and Acupuncture Hospital, Nadiggalli, Sirsi, Karnataka	Randomized Control Trial to evaluate the effectiveness of cold and hot Immersion baths on impaired glucose tolerance in pre-diabetes
Department of Neurophysiology, NIMHANS, Bangalore-560029	Effect of Yoga & Hydriatic application on migraine-A Clinical, Electrophysiological and Immunological study
Swami Vivekananda Yoga Anusandhan Samsthana, Bengaluru	The effect of Yoga in prevention of Pregnancy Complications in High Risk Pregnancies.
Snehakunja Trust, Vivekananda Arogyadhama, Kasarkod, Honnavar, North Kenra, Karnataka	Comparison of effects of two Yoga interventions versus Exercise therapy in the Management of mechanical Low Back Pain
INYS Medical Research Society, Bangalore-560073	Efficacy of Mustard pack on knees in Osteoarthritis
UTTARAKHAND	
Yog Research Department, Patanjali Yogpeeth, Haridwar-249 402	Effect of Yoga on Physical, Cognitive and Emotional Development in Children
UTTAR PRADESH	
CSM Medical University, Lucknow	Effect of Yogic Practices on Serum Lipid Profile & Insulin Resistance in Obese subjects
MANIPUR	
Yoga and Nature Cure Home, Khundrakpam Awang Leikai, Pangei-795114, Imphal East, Manipur	Naturopathy and Yoga Intervention for post-stroke Rehabilitation & Quality of Life Improvement-a controlled study