

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA  
AND HOMOEOPATHY (AYUSH)**

**LOK SABHA  
STARRED QUESTION NO.129  
TO BE ANSWERED ON THE 04<sup>TH</sup> MARCH, 2016  
YOGA IN SCHOOLS/COLLEGES AND OTHER INSTITUTIONS**

**†\*129. SHRI HARIOM SINGH RATHORE:  
SHRI KUNWAR PUSHPENDRA SINGH CHANDEL:**

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

- (a) whether the Government proposes to impart yoga education in schools/ colleges, army and other Government institutions in the country and if so, the details thereof;
- (b) whether there is also any proposal to make yoga compulsory in such institutions and if so, the details thereof;
- (c) the compliance status of instructions issued in this regard by such institutions;
- (d) the details of competition at district/ State level organised to promote yoga among youths in the country; and
- (e) whether the Government has assessed the availability of yoga teachers in this regard and if so, the details thereof?

**ANSWER  
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND  
HOMOEOPATHY (AYUSH)  
(SHRI SHRIPAD YESSO NAIK)**

(a) to (e): A statement is laid on the Table of the House

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA  
STARRED QUESTION NO 129 FOR 04<sup>TH</sup> MARCH, 2016**

(a) to (e): Ministry of Human Resource Development has informed that as per the National Curriculum Framework (NCF)-2005, Yoga is an integral part of Health and Physical Education at all levels of school education. For schools affiliated to Central Board of Secondary Education (CBSE), which has adopted NCERT curriculum and syllabi, Health and Physical Education is compulsory from Classes I to X and optional at classes XI and XII.

Ministry of Human Resource Development has further informed that education, being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, it is for the respective State/ Union Territory Governments to frame syllabus, curriculum and conduct examinations for their schools etc.

Further, University Grants Commission (UGC) has constituted a committee on Yoga Education in Universities to identify the courses and programmes in Yoga.

The Morarji Desai National Institute of Yoga (MDNIY) has devised a 3 ½ month course consisting of 3 months of intensive Yoga Training followed by 15 days revision/ field work for preparing master trainers to impart Yoga Training to Uniformed Service Personnel.

As far as Armed Forces are concerned, Yoga is already being practiced in Armed Forces under the aegis of respective service directorates.

Regarding availability of Yoga Teachers, there is no data base available with the Ministry of AYUSH.

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