

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO – 5717
FOR 27.03.2026**

RECRUITMENT OF YOGA TEACHER

5717. SHRI OMPRAKASH BHUPALSINH ALIAS PAVAN RAJENIMBALKAR

Will the Minister of Ayush be pleased to state:

(a) whether it is a fact that Yoga is extremely important for the physical, mental and emotional development of students, if so, the details thereof;

(b) whether the Government proposes to regularly include Yoga as a subject in the school curriculum to effectively establish its importance and to recruit Yoga teachers in schools, if so, the details thereof;

(c) the steps taken in this regard so far along with the number of Yoga teachers proposed to be recruited; and

(d) if not, the reasons therefor?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH
(SHRI PRATAPRAO JADHAV)**

(a): Yes, several research studies have proved that Yoga helps in the physical, mental & emotional development of students. Central Council for Research in Yoga and Naturopathy (CCRYN) under Ministry of Ayush is the apex body for research and development in the Yoga and Naturopathy systems. It conducts scientific research, educational programs and awareness activities to validate the health benefits of Yoga and promoting its role in preventive and promotive healthcare which helps in improving concentration, stress management and quality of life of students.

(b) to (d): Inclusion of Yoga as a subject in school curriculum and recruitment of Yoga teachers in school does not come under the purview of Ministry of Ayush.