

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 5641
TO BE ANSWERED ON 27TH MARCH, 2026**

DEATHS RELATED TO OBESITY

5641. DR. KAKOLI GHOSH DASTIDAR:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government maintains data on deaths directly attributable to obesity or overweight and if so, the details thereof;
- (b) the number of such deaths reported annually during the last five years, State/UT-wise and gender-wise;
- (c) whether the Government tracks mortality from non-communicable diseases, such as cardiovascular diseases, diabetes and cancers, linked to obesity and if so, the details thereof along with the States/UTs with the highest burden; and
- (d) the measures taken or being taken by the Government to address the rising obesity- related mortality in the country?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (c) Obesity is a major modified biological risk factor for non-communicable diseases (NCDs). As per the “Operational Guidelines National Programme for Prevention and Control of Non-communicable Diseases (2023-2030)”, published in 2023 by the Ministry of Health and Family Welfare, Government of India, Non-communicable Diseases (NCDs) are estimated to account for 63% of all deaths in country.

(d) The Department of Health and Family Welfare provides technical and financial support to States and Union Territories across the country under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of the National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, screening, early diagnosis, referral, treatment, and health promotion for Non-Communicable Diseases (NCDs). Under National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD), 770 District NCD Clinics, 479 District Day Care Centres, and 6,410 NCD clinics at Community Health Centres and 233 Cardiac Care Units have been set up.

A population-based initiative for the prevention, control and screening of common non-

communicable diseases (NCDs) has been rolled out across the country. Under the initiative, persons over 30 years of age are targeted for their screening for the common NCDs.

Preventive aspect of NCDs is strengthened under comprehensive Primary Health Care through Ayushman Arogya Mandirs (AAM) by promotion of wellness activities and targeted communication at the community level. Food Safety and Standards Authority of India runs campaigns to promote healthy eating habits. Fit India and Khelo India movements are implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH.
