

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 5585  
TO BE ANSWERED ON 27<sup>th</sup> MARCH, 2026**

**INCREASE OF MENTAL HEALTH DISORDERS**

**5585. DR. ANGOMCHA BIMOL AKOIJAM:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government has taken note of the increase in mental health disorders among women and children affected by the ongoing crisis in Manipur, if so, the details thereof;
- (b) the details of the mental-health support, counselling, trauma care and psycho-social services provided for women and children in affected areas and relief camps; and
- (c) the steps taken by the Government to strengthen mental-healthcare services for women and children affected by violence and displacement?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI PRATAPRAO JADHAV)**

(a) to (c) The National Mental Health Survey (NMHS-I) was conducted in 2015-16. In the NMHS-I the data did not separately capture the prevalence of mental health disorders among children and women due to prolonged displacement, disruption of education and exposure to violence.

The State of Manipur has informed that a systemic mechanism has been put in place for diagnosis, counselling, and therapeutic support of Internally Displaced Persons (IDPs) and the following comprehensive measures have been taken to address the situation.

- The State mental health team and district mental health support teams have been constituted under the State Health Department.
- The teams comprise of Psychiatrists, Clinical Psychologists, Psychiatric Social Workers, Psychiatric Nurses of National Mental Health Programme (NMHP), and counsellors from various NHM programs such as Rastriya Bal Swasthya Karyakram (RBSK), Rastriya Kishore Swasthya Karyakram (RKSK), and the Family Planning programme across the hill and valley districts of Manipur.

- The team regularly conducts scheduled visits and continues to do so as per requirement. As of 10<sup>th</sup> March, 2026, 1040 visits to IDP relief camps have been done by mental health teams.
- To strengthen the capacity of the health care providers, training and workshops for District Mental Health Programme (DMHP) staff and other Mental Health professionals of Manipur have been held in collaboration with SAMVAD NIMHANS.

\*\*\*