

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 3508
TO BE ANSWERED ON THE 13TH MARCH, 2026**

ANAEMIA CASES IN BIHAR

3508. DR. MOHAMMAD JAWED:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware of the high prevalence of anaemia among women, adolescent girls, and children across various districts of Bihar, including Kishanganj;
- (b) if so, the details of the anaemia cases reported across all districts of Bihar during the last five years, year-wise, category-wise of women, adolescent girls and children and district-wise;
- (c) the steps taken by the Government to address anaemia across the various districts of Bihar under various national health and nutrition programmes; and
- (d) whether the Government proposes any district-specific or special interventions to reduce anaemia prevalence across Bihar and if so, the details thereof

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE**

(SMT. ANUPRIYA PATEL)

- (a) & (b) The prevalence of anaemia among women, adolescent girls (15-19 years) and children (6-59 months) across the various districts of Bihar including Kishanganj as per National Family Health Survey-5 (NFHS-5) is placed at **Annexure**.
- (c) & (d) The Government of India implements Anemia Mukht Bharat (AMB) programme in 6X6X6 strategy to reduce the prevalence of anaemia among six beneficiary groups – Children 6-59 months, Children 5-9 years, Adolescents (10-19 years), Women of reproductive age (15-49 years), pregnant women and lactating mothers in a lifecycle approach across all States/UTs including Bihar. It is implemented through robust institutional mechanisms including convergence and coordination with line departments and ministries.

The interventions include the following:

1. Prophylactic Iron Folic Acid Supplementation to all six beneficiaries age group

2. Periodic deworming for children and adolescents in age group 1-19 years through bi-annual deworming days and one dose for pregnant women in the second trimester
3. Intensified year-round Behaviour Change Communication (BCC) Campaign for compliance to IFA and deworming; Appropriate Infant and Young Child Feeding (IYCF); Increase intake of iron-rich, protein-rich and vitamin C-rich foods; dietary diversification
4. Testing and Treatment of anemia using digital methods (Digital Invasive Haemoglobinometer) and point of care treatment. Management of severe anaemia in pregnant women by administration of IV Iron Sucrose/ Ferric Carboxy Maltose/ Blood transfusion
5. Addressing non-nutritional causes of anaemia in endemic pockets with special focus on malaria, hemoglobinopathies and fluorosis
6. Provision of IFA fortified food in government funded public health programmes

Annexure referred to the reply to parts (a) and (b) of Lok Sabha Unstarred Question 3508 for answer on 13.03.2026

Annexure

District-wise prevalence of anemia among Children and Women as per National Family Health Survey-5 (NFHS-5, 2019-21)

| District | Children age 6-59 months who are anaemic (%) | All women age 15-19 years who are anaemic (%) | All women age 15-49 years who are anaemic (%) |
|--------------------|---|--|--|
| Pashchim Champaran | 61.6 | 56.3 | 50.6 |
| Purba Champaran | 61.0 | 64.4 | 57.3 |
| Sheohar | 73.1 | 64.3 | 61.6 |
| Sitamarhi | 70.0 | 61.4 | 61.7 |
| Madhubani | 71.0 | 69.2 | 61.4 |
| Supaul | 63.6 | 63.2 | 60.7 |
| Araria | 75.8 | 64.0 | 67.9 |
| Kishanganj | 67.5 | 62.6 | 65.1 |
| Purnia | 68.0 | 64.0 | 66.0 |
| Katihar | 65.6 | 66.7 | 68.4 |
| Madhepura | 67.7 | 70.4 | 65.7 |
| Saharsa | 69.3 | 67.9 | 65.3 |
| Darbhangha | 68.9 | 59.7 | 60.8 |
| Muzaffarpur | 64.6 | 66.1 | 58.9 |
| Gopalganj | 56.1 | 54.1 | 53.8 |
| Siwan | 63.9 | 64.0 | 53.1 |
| Saran | 69.8 | 70.9 | 62.8 |
| Vaishali | 77.1 | 69.6 | 63.1 |
| Samastipur | 67.2 | 65.9 | 60.5 |
| Begusarai | 74.5 | 64.3 | 62.9 |
| Khagaria | 67.1 | 65.1 | 59.5 |
| Bhagalpur | 78.7 | 73.9 | 73.0 |
| Banka | 77.8 | 60.4 | 65.9 |
| Munger | 74.3 | 73.8 | 71.4 |
| Lakhisarai | 77.2 | 75.1 | 72.6 |
| Sheikhpura | 80.1 | 73.9 | 69.5 |
| Nalanda | 80.3 | 70.2 | 71.0 |
| Patna | 65.4 | 62.8 | 67.1 |
| Bhojpur | 67.7 | 72.7 | 73.6 |
| Buxar | 68.3 | 66.0 | 66.2 |
| Kaimur (Bhabua) | 71.4 | 70.8 | 70.3 |
| Rohtas | 70.3 | 66.3 | 64.9 |
| Aurangabad | 68.4 | 56.9 | 60.5 |
| Gaya | 76.7 | 65.5 | 64.3 |
| Nawada | 73.3 | 73.7 | 70.4 |

| | | | |
|-----------|------|------|------|
| Jamui | 81.9 | 75.9 | 75.2 |
| Jehanabad | 61.9 | 72.3 | 68.1 |
| Arwal | 65.8 | 66.3 | 66.9 |