

GOVERNMENT OF INDIA

MINISTRY OF AYUSH

LOK SABHA

UNSTARRED QUESTION NO.3499

ANSWERED ON 13.03.2026

AYUSH Health and Wellness Centres in Maharashtra

3499. Shri Mohite Patil Dhairyasheel Rajsinh:

Shri Sanjay Dina Patil:

Shri Bhaskar Murlidhar Bhagare:

Will the Minister of AYUSH be pleased to state:

(a) whether the Government is implementing any standardized, evidence-based AYUSH protocols for the prevention and management of cardiovascular diseases such as hypertension, ischemic heart disease and dyslipidaemia in AYUSH Health and Wellness Centres in Maharashtra and if so, the details thereof;

(b) the details and the number of AYUSH facilities co-located with Primary Health Centres (PHCs), Community Health Centres (CHCs) and District Hospitals in Maharashtra that are providing cardio-preventive services, district-wise along with the outcomes achieved in terms of early screening and risk reduction;

(c) the manner in which AYUSH doctors in the State are being utilised for community-based cardiovascular health promotion, including yoga-based interventions and preventive counselling; and

(d) whether the Government has conducted or proposes to conduct any independent evaluation of AYUSH-based cardiovascular interventions in the State to assess clinical outcomes, cost-effectiveness and patient safety and if so, the details and timeline thereof?

ANSWER

THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH

(SHRI PRATAPRAO JADHAV)

(a) Under the Centrally Sponsored Scheme of National Ayush Mission (NAM), Ministry of Ayush has operationalised 12500 Ayushman Arogya Mandir (Ayush) [AAM (Ayush)] in different parts of the country including 390 Units in Maharashtra as per the proposals received from State/UT Governments through State Annual Action Plan (SAAPs). These AAM (Ayush) are providing holistic wellness model to the community based on Ayush principles and practices including Yoga focusing on preventive, promotive, curative, rehabilitative healthcare for different common ailments including Non-Communicable Disease (NCDs) like hypertension, diabetes and dyslipidaemia.

Further, Ayush vertical under Directorate General of Health Services (DGHS) in collaboration with the Central Health Education Bureau (CHEB) conducted the Modular Training Programme for Master Trainers from States and UTs in October 2025 to support nationwide implementation after release of Standard Treatment Guidelines (STGs) on Metabolic Disorders including NCDs. A total of 152 participants from 36 States and Union Territories were trained, forming the national resource pool for the State-level cascading training programme to support standardized interpretation and rollout of the STGs across Ayush healthcare facilities including AAM (Ayush).

(b) As reported State Government of Maharashtra Ayush facilities are functioning in 23 District Hospitals (DH), 08 Women Hospitals (WH), 77 Sub District Hospitals (SDH) and 153 Rural Hospitals (RH) which are providing healthcare services to the community for different common ailments including NCDs. The District-wise details of Ayush facilities is furnished at **Annexure**.

(c) As informed by State Government of Maharashtra, Ayush Medical Officers/CHOs at AAM (Ayush), Integrated Ayush Hospitals and Ayush collocated facilities-District Hospital, Women's Hospital, Sub District Hospital and Rural Hospital in Maharashtra are advising life style changes corrections along with Ayurvedokta Dietetics and other counselling. Moreover, Yoga Instructors are conducting Yoga Sessions as per International Day of Yoga protocol. Community-based activities on cardiovascular health through lifestyle modification, yoga-based practices, and awareness programmes aimed at reducing risk factors such as Stress, Hypertension and Obesity are conducted through AAM (Ayush). They are also providing counselling on healthy diet, regular physical activity, and stress management techniques to support heart health.

(d) Public Health being State subject, conducting independent evaluation of Ayush-based disease interventions to assess clinical outcomes, cost-effectiveness and patient safety comes under the purview of State Government.

Annexure

District-wise status of Ayush facilities in Maharashtra						
Sl. No	District	DH	WH	SDH	RH	Total
1	Ahilyanagar	1	0	2	5	8
2	Akola	0	1	1	2	4
3	Amravati	1	1	4	4	10
4	Beed	1	1	4	4	10
5	Bhandara	1	0	2	2	5
6	Buldhana	1	0	3	9	13
7	Chandrapur	1	0	4	5	10
8	Chh Sambhaji Nagar	0	0	3	2	5
9	Dharashiv	1	0	2	4	7
10	Dhule	0	0	2	4	6
11	Gadchiroli	1	0	2	4	7
12	Gondia	1	1	1	4	7
13	Hingoli	1	0	1	1	3
14	Jalgaon	1	0	3	4	8
15	Jalna	1	1	1	5	8
16	Kolhapur	0	0	4	10	14
17	Latur	0	1	2	6	9
18	Nagpur	0	1	2	5	8
19	Nanded	0	0	4	8	12
20	Nandurbar	1	0	1	2	4
21	Nashik	1	0	7	5	13
22	Palghar	0	0	3	4	7
23	Parbhani	1	0	2	5	8
24	Pune	1	0	3	9	13
25	Raigad	1	0	3	5	9
26	Ratnagiri	1	0	2	4	7
27	Sangli	0	0	2	5	7
28	Satara	1	0	2	0	3
29	Sindhudrug	1	0	2	2	5
30	Solapur	0	0	3	6	9
31	Thane	1	1	1	2	5
32	Wardha	1	0	2	1	4
33	Washim	1	0	0	2	3
34	Yavatmal	0	0	4	6	10
Total		23	08	84	146	261