

**GOVERNMENT OF INDIA  
MINISTRY OF AYUSH**

**LOK SABHA  
UNSTARRED QUESTION NO. 2404  
TO BE ANSWERED ON 13.02.2026**

**Campaigns for Prevention of Lifestyle Diseases**

†2404. Shri Kanwar Singh Tanwar:

Will the Minister of AYUSH be pleased to state:

(a) whether the Government has assessed the requirement for expansion of AYUSH-based wellness and preventive healthcare programmes including initiatives to promote community yoga, awareness campaigns for prevention of lifestyle diseases and school-based health activities in Amroha, Hasanpur, Dhanaura, Joya and Mandawar areas in Amroha district of Uttar Pradesh; and

(b) if so, the details regarding the implementation, outreach coverage, institutional participation and measurable outcomes of wellness programmes in the said areas?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH  
(SHRI PRATAPRAO JADHAV)**

(a) & (b) Under the Centrally Sponsored Scheme of National Ayush Mission (NAM), Ministry of Ayush has approved 1034 Ayushman Arogya Mandir (Ayush) [AAM (Ayush)] in different parts of the Uttar Pradesh including 01 AAM (Ayush) in Amroha district as per the proposals received from State Government through State Action Plan (SAAPs) and as reported by them all are operational.

As informed by State Government of Uttar Pradesh, the following initiatives have been prioritized in Amroha district:

**(i) Community Yoga Sessions:** Regular yoga sessions are organized through Ayushman Arogya Mandirs (Ayush) to promote physical and mental well-being.

**(ii) Outreach Ayush Wellness Activities:** For prevention & control of communicable, non-communicable diseases, regular Ayush camps are being organized in Amroha.

**(iii) School-based Activities:** Yoga Sessions are being organized at the school level to encourage healthy lifestyle habits among students in Amroha.

**(iv) Ayush Clinical Services:** Ayush services are being delivered through Ayush dispensaries and Ayushman Arogya Mandirs (Ayush). The details of beneficiaries (Patients) attended in different Ayush facilities from April 2025 to January 2026 is furnished at **Annexure-I**.

There are 12 State Ayurvedic Dispensaries, 08 State Homeopathic Dispensaries, 03 State Unani Dispensaries, 01 Ayushman Aarogya Mandir (Ayush) and 02 Yoga Wellness Centres delivering Ayush Clinical & Yoga Wellness services across Hasanpur, Dhanaura, Joya, and Mandawar. These centers provide Primary Healthcare, Prakriti Parikshan (body constitution analysis) and daily Yoga sessions.

In Amroha, to promote Ayush initiatives in the said areas, including awareness campaigns for the prevention of lifestyle-related diseases and school-based health activities, monthly Ayush camps under “Ayush Aapke Dwar” campaign, are being organized in schools, panchayat buildings, weekly markets, fairs, community centers, etc., to reach the general public in rural areas. The details of patients treated in these camps (FY 2025-26) are furnished at **Annexure-II**.

Apart from the above initiative, monthly Homeopathic camps are also being organized in Reserve Police Lines. During December, 2025 – January, 2026, total 113 patients took Ayush consultation in these camps. A team-based approach involving Community Health Officers (CHOs), Ayush Medical Officers, Yoga instructors, Yoga Assistants and ASHAs ensure grassroots-level participation.

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**The No. beneficiaries (Patients) attended in different Ayush facilities  
from April 2025 to January 2026**

<b>Stream</b>	<b>Total Dispensaries</b>	<b>New Patients</b>	<b>Old Patients</b>	<b>Total Patients</b>
Ayurveda	12	109683	45709	155392
Unani	03	26544	20764	47308
Homeopathy	08	82504	60087	142591

**The details of patients treated in camps (FY 2025-26)**

<b>Stream</b>	<b>No. of Camps</b>	<b>Total</b>
Homeopathy	70	7017
Ayurveda & Unani	135	19510