GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

RAJYA SABHA UNSTARRED QUESTION NO. 952 TO BE ANSWERED ON 05th DECEMBER, 2025

TELE-MENTAL HEALTH PROGRAMME (TELE-MANAS)

952. SHRI PARBHUBHAI NAGARBHAI VASAVA:

SMT. KAMLESH JANGDE:

DR. NISHIKANT DUBEY:

SHRI BASAVARAJ BOMMAI:

SHRI DILIP SAIKIA:

SHRI DIDYUT BARAN MAHATO:

SHRI TEJASVI SURYA:

SHRI MUKESHKUMAR CHANDRAKAANT DALAL:

SMT. VIJAYLAKSHMI DEVI:

SHRI PRADEEP KUMAR SINGH:

SHRI DINESHBHAI MAKWANA:

SHRI PRAVEEN PATEL:

SMT. MAHIMA KUMARI MEWAR:

SMT. MALA RAJYA LAXMI SHAH:

SHRI MANOJ TIWARI:

SHRI BALABHADRA MAJHI:

SHRI KHAGEN MURMU:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the current status of implementation of the enhanced Tele-Mental Health Programme (Tele-MANAS) and the new features introduced in the Tele-MANAS App;
- (b) whether the application has been made available in regional languages and for persons with disabilities to improve accessibility and if so, the details thereof; and
- (c) the number of users who have availed mental health services through the Tele-MANAS platform since its inception including Chhattisgarh and Bihar during the current year and 3 years, year-wise?

ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

(a) to (c) The Government has launched a "National Tele Mental Health Programme" on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well-being to mental disorders.

Tele-MANAS Mobile Application has been expanded to include 10 additional regional languages — Assamese, Bengali, Gujarati, Kannada, Malayalam, Marathi, Tamil, Telugu, Odia, and Punjabi — along with the previously available languages, English and Hindi.

Tele-MANAS Mobile Application also assists visually challenged persons by making its mental health services accessible through a specially designed, user-friendly digital interface and a toll-free phone line that does not require screen use.

As on 27.11.2025, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 29.82 lakh calls have been handled on the helpline number since inception. Total number of calls handled through the Tele-MANAS platform during the current year is 12,33,399.

The number of users who have availed mental health services through the Tele-MANAS platform since its inception for Chhattisgarh and Bihar, year-wise is as under:

Sr. No.	State	FY 2022-23	FY 2023-24	FY 2024-25	FY 2025-26
1.	Bihar	1741	9609	7965	12509
2.	Chhattisgarh	240	8166	19552	15352

The Government has also launched the video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

The Government has established a dedicated Tele-MANAS Cell at the Armed Forces Medical College (AFMC), Pune to extend tele-mental health assistance and support to all Armed Forces service personnel and their dependents, further enhancing the mental health care services available to them.
