

GOVERNMENT OF INDIA
MINISTRY OF AYUSH
LOK SABHA
UNSTARRED QUESTION NO – 2166
TO BE ANSWERED ON 12/12/2025
“World Meditation Day”

2166 Dr. Bhola Singh:

Will the **Minister of Ayush** be pleased to state:

- (a) the objectives and expected outcomes of observing World Meditation Day on 21 December, 2025, as declared by the United Nations on India’s initiative;
- (b) the steps taken by the Government to prepare a nationwide action plan for Government Institutions, schools, universities, health facilities and Yoga/Meditation centres for coordinated celebrations;
- (c) the details of meditation-based awareness, training and digital outreach programmes proposed for citizens including youth and working professionals;
- (d) whether the Government has issued guidelines to states/UTs for organising events in convergence with Ministries of Health, Education and Culture and if so, the details thereof; and
- (e) the manner in which the Government proposes to highlight Bharat’s Ancient & traditional meditative knowledge systems globally during the celebrations?

ANSWER

THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH
(SHRI PRATAPRAO JADHAV)

- (a) to (e) As of now, there is no proposal under consideration in the Ministry of Ayush for observance of World Meditation Day in the month of December, 2025.
