### GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

## LOK SABHA UNSTARRED QUESTION NO. 2145 TO BE ANSWERED ON 12<sup>TH</sup> DECEMBER, 2025

#### **EXPANSION OF AYUSHMAN AROGYA MANDIRS**

#### †2145. SMT. HIMADRI SINGH:

#### Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the total number of Ayushman Arogya Mandirs (AAMs) operational in Shahdol Parliamentary Constituency Madhya Pradesh and whether the said centres are providing all the services such as tele-consultation if so, the details thereof; and
- (b) whether there is any proposal for increasing the number of AAMs or strengthening of their infrastructure in tribal and remote areas of the country, if so, the details thereof?

# ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

(a) & (b): As reported by States/UTs on Ayushman Arogya Mandir (AAM) portal, 1,81,873 AAMs have been operationalized across the country by strengthening Sub Health Centres (SHCs) and Primary Health Centres (PHCs), including 608 AAMs in Shahdol Lok Sabha Constituency of Madhya Pradesh, as on 30.11.2025.

The AAMs incrementally provide 12 package of primary health care services across urban, rural and tribal dominated areas including Shahdol Lok Sabha Constituency, encompassing Reproductive and child care services, Communicable diseases, Non Communicable diseases (NCD), Palliative Care and elderly Care, Care for common mental disorders, neurological conditions (epilepsy, dementia) and substance use disorders management (tobacco, alcohol, drugs), Oral health, ENT care, and Basic emergency care. To complement the expanded services, the essential list of drugs & diagnostics has been expanded to make available 172 drugs & 63 diagnostics at PHC-AAMs and 106 drugs & 14 diagnostics at SHC-AAMs.

The teleconsultation services, available at all operational AAMs across the country including Shahdol Lok Sabha Constituency, enables people to access the specialist services closer to their homes addressing concerns of physical accessibility, shortage of service providers and to facilitate continuum of care. Total teleconsultations conducted at AAMs are 41.93 crore, as on 30.11.2025.

Beyond the management of illnesses, promotive and preventive health is an integral part of comprehensive primary health care. Wellness-related activities like Yoga, cycling, and meditation are conducted in AAMs. As on 30.11.2025, a total of 6.54 crore wellness sessions have been conducted at AAMs.

AAMs are equipped with the required resources including upgraded infrastructure, additional human resource, essential drugs & diagnostics, Information Technology (IT) systems, etc. to provide twelve packages of primary health care services across the country including tribal and remote areas.

The National Health Mission (NHM) provides support for improvement in health infrastructure, availability of adequate human resources in health facilities, to improve availability, affordability and accessibility to quality health care especially for the poor and vulnerable sections in urban, rural, and tribal/hilly and remote areas. The Ministry of Health and Family Welfare provides technical and financial support to the States/UTs to strengthen the public healthcare system, based on the proposals received in the form of Programme Implementation Plans (PIPs) under NHM. Government of India provides approval for the proposals in the form of Record of Proceedings (RoPs) as per norms & available resources.

Under NHM, norms have been relaxed for tribal/hilly/hard-to-reach areas to strengthen healthcare access. Population criteria for setting up of SHCs, PHCs and Community Health Centres (CHCs) have been reduced to 3,000, 20,000 and 80,000 respectively. One ASHA is allowed per habitation instead of per 1,000 population, and up to 4 Mobile Medical Units (MMUs) per district are permitted in tribal and hard-to-reach areas, compared to 2 in plain districts.

Under the Pradhan Mantri Janjati Adivasi Nyaya Maha Abhiyan (PM-JANMAN), launched on 15th November, 2023 by Ministry of Tribal Affairs (MoTA), further relaxation in NHM norms has been provided up to 10 MMUs per district with Particularly Vulnerable Tribal Groups (PVTG) areas. Norms have been relaxed for one additional Auxiliary Nurse Midwife (ANM) for each Multi Purpose Centre (MPC) constructed by MoTA. As per MMU portal, 751 MMUs under PM-JANMAN and 155 MMUs under Dharti Aaba Janjatiya Gram Utkarsh Abhiyan (DA-JGUA) are operational across the country for providing basic health services in tribal areas till 30.11.2025.

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