

GOVERNMENT OF INDIA

MINISTRY OF AYUSH

LOK SABHA

UNSTARRED QUESTION NO. 1126

TO BE ANSWERED ON 05th DECEMBER, 2025

“Benefits of Ayurveda”

† 1126.Mrs Ruchi Vira:

Will the Minister of Ayush be pleased to state:

- (a) whether the Government shares the basic principles of Ayurveda with those interested in alternative forms of medicine;
- (b) if so, the details; and
- (c) the steps proposed to be taken by the Government in this regard?

ANSWER

THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH

(SHRI PRATAPRAO JADHAV)

- (a) to (c) Ayurveda emphasizes the prevention and management of diseases and comprehensively addresses all aspects of health and well-being. Its basic principles are disseminated through the Research Councils, National Institutes, the National Commission for Indian System of Medicine (NCISM), various Central Sector Schemes of the Ministry of Ayush, and multiple social media platforms, with the objective of enhancing public awareness and understanding of its health benefits.

With the view to fulfil the mandate of promotion and propagation of Ayush System of Healthcare, the Ministry implements a Central Sector Scheme for Promotion of Information Education and Communication (IEC) in Ayush. Under this Scheme, Ministry organises National/State level Arogya Fairs, Yoga Fests/Utsavs, Ayurveda Parvs, Celebrate important days of Ayush system, Participate in Health fairs/melas, Exhibitions etc, provide financial assistance for organising seminars, workshops, conferences and conduct multimedia campaigns etc. to create awareness among citizens regarding Ayush system of health care and healing.

Besides, the Ministry is implementing the Centrally Sponsored Scheme of National Ayush Mission (NAM) through State/UT Governments for development & promotion of Ayush System in the country and providing financial assistance to them as per the proposal received in their State

Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per NAM guidelines.

Moreover, for the purpose of promotion of Ayurveda, for holistic healthcare Ministry of Ayush has established 01 (one) Research Council of Ayurveda and 7 (seven) National Institutes. These Councils/Institutions along with their peripheral institutes/units/centres are providing treatment through General Outpatient Department (OPD), Reproductive and Child Health (RCH) OPD, Geriatric OPD, Non-Communicable Disease (NCD) Clinic etc. and also engaged in awareness activities to promote Ayurveda.

All National Institutes of Ayurveda under the Ministry of Ayush regularly gives consultation in the Institute Hospitals (both OPD & IPD) and conducting free medical and awareness camps at villages, schools, Government Departments, Military Personnel and Community levels. They also organize National Seminars / Workshops, Panel discussions etc. to give better idea of its benefits of Ayurveda medicine.

Further, the salient initiatives undertaken by the Central Council for Research in Ayurvedic Sciences (CCRAS) are detailed at **Annexure-I**

The Steps being taken by Ministry of Ayush through its Research Council.

The Central Council for Research in Ayurvedic Sciences (CCRAS) has undertaken Fundamental Research projects as Intra Mural Research Projects at its institutes and Collaborative projects in collaboration with esteemed institutions like Jawaharlal Nehru University, New Delhi; International centre for Genetic Engineering and Biotechnology, New Delhi; Transdisciplinary University, Bengaluru; IIT Delhi; All India Institute of Ayurveda, New Delhi; Institute of Teaching and Research in Ayurveda, Jamnagar; National Institute of Ayurveda Jaipur etc..

List of Research Projects undertaken by the Central Council for Research in Ayurvedic Sciences (CCRAS)

| S. No. | Title |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| COMPLETED/CONCLUDED RESEARCH PROJECTS | |
| A. IMR | |
| 1. | A Pilot Project to see feasibility of 'E tongue' and its application in the assessment of Rasa of Dravya in the field of Ayurveda |
| 2. | An exploratory study of Ushna and Shita Virya based on mitochondrial ATP regeneration and electron transport |
| 3. | Software up gradation and maintenance of CCRAS AYUR Prakriti Web portal |
| 4. | Correlation of prakriti with Iron status and gut microbiome among adolescent girls |
| 5. | Development of Swasthya Assessment Scale (SAS) |
| 6. | A cross-sectional survey to explore the association of Prakriti with Diabetic Retinopathy |
| B. Collaborative | |
| 1. | Development and validation of the "Prakriti Assessment Scale" and designing of a user-friendly web portal, namely "AYUR Prakriti Web Portal," for Prakriti assessment. |
| 2. | Validation and Reliability Testing of Ayurveda Diagnostic Methods |
| 3. | Development of Automated Basti Yantra- A comprehensive tool for administration of enema |
| 4. | Systems Biology approach to delineate molecular signatures of Prakriti in healthy humans |
| 5. | Assessment of Prakriti (Ayurvedic body constitution) of patients with Cervical and Ovarian cancers |
| ONGOING PROJECTS | |
| A. IMR | |
| 1. | Developing Standard Operating Procedure (SoPs) for Clinical Studies in Central Council for Research in Ayurvedic Sciences |
| B. Collaborative | |
| 2. | Elucidating Mitochondrial function by profiling of mito-nuclear gene variations towards understanding the molecular basis of Ayurvedic Prakriti: A determinant of health and longevity |
| 3. | Exploring the Role of Prakriti in Host-Pathogen Interactions |
| 4. | Understanding prakriti and its inheritance pattern in health and predominant disease predisposition from a regional perspective – a genetic and epigenetic study |
| 5. | Study of association between prakriti and outcomes of early and locally advanced breast cancer |
| 6. | Standardization, Scientific validation and automation of Taila Bindu Pariksha-an ancient |

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| | prognostic tool |
| 7. | Entrepreneurship in Ayush Industry: Management and Commercialization Principals in Ayush Product and Services |
| 8. | Mechanistic Studies in the Elucidation of Shodhana for Nine Poisonous Medicinal Plants of E-1 Schedule |
