

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION 1046
TO BE ANSWERED ON 5.12.2025**

MENSTRUAL HYGIENE SCHEME

1046. SHRI KHALILUR RAHAMAN

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether a number of girls in rural India have dropped out/abstained from the school due to menstruation and lack of access to clean and affordable menstrual protection and if so, the details thereof;
- (b) whether a number of women are unable to afford sanitary napkins in the country and if so, the details thereof and the reasons therefor; and
- (c) the details of funds allocated and utilized out of the total monetary outlay, under the Menstrual Hygiene Scheme of the National Health Mission, State/UT-wise?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE
(SMT. ANUPRIYA PATEL)**

- (a) to (c) The Ministry of Health and Family Welfare implements the Scheme for Promotion of Menstrual Hygiene to improve menstrual hygiene among adolescent girls (10–19 years). The scheme focuses on increasing awareness on menstrual hygiene, enhancing access to sanitary napkins, and promoting safe and environmentally friendly disposal practices. Under the scheme, NHM supports States/UTs to provide sanitary napkins at subsidized rates through ASHAs using school and community platforms. In addition, several States/UTs initiatives provide low or free of cost sanitary napkins in schools, Anganwadi centers and health facilities.

The National Family Health Survey-5 (NFHS 5) data shows that the percentage of women aged 15-24 years using hygienic methods during their menstrual cycles has risen from 57.6% in NFHS-4 to 77.3 % in NFHS-5.

The details of fund approval and expenditure for Menstrual Hygiene Scheme under National Health Mission (NHM), State/UT-wise are placed at **Annexure**.

Annexure referred to in reply to parts (a) to (c) of Lok Sabha Unstarred Question No. 1046 for answer on 05.12.2025

Annexure

State/UT-wise SPIP Approvals and Expenditure for Menstrual Hygiene Scheme under National Health Mission (NHM) for FY 2024-25 (in Rs. Lakhs)			
Sl. No.	States/UTs	2024-25	
		SPIP Approvals	Expenditure
1	Andaman and Nicobar Islands	0.00	0.00
2	Andhra Pradesh	4,382.00	1196.00
3	Arunachal Pradesh	0.00	0.00
4	Assam	439.33	0.00
5	Bihar	14.00	8.26
6	Chandigarh	0.00	0.00
7	Chhattisgarh	0.00	0.00
8	Dadra & Nagar Haveli and Daman & Diu	1.00	1.00
9	Delhi	323.43	177.79
10	Goa	14.51	13.18
11	Gujarat	11,296.57	33.58
12	Haryana	0.00	0.00
13	Himachal Pradesh	100.00	528.20
14	Jammu and Kashmir	655.28	8.64
15	Jharkhand	9.70	3.25
16	Karnataka	0.00	10.51
17	Kerala	200.00	0.00
18	Lakshadweep	9.75	4.45
19	Madhya Pradesh	282.00	0.00
20	Maharashtra	1,461.09	206.64
21	Manipur	87.99	27.91
22	Meghalaya	3.90	2.59
23	Mizoram	0.00	0.00
24	Nagaland	44.59	44.59
25	Odisha	30.42	486.22
26	Puducherry	90.58	43.47
27	Punjab	1,172.12	2.51
28	Rajasthan	0.00	0.00
29	Sikkim	1.50	0.82
30	Tamil Nadu	4,577.03	4577.03
31	Telangana	1,584.00	0.20
32	Tripura	262.47	0.00
33	Uttar Pradesh	0.00	0.00
34	Uttarakhand	319.50	0.10
35	West Bengal	5,094.01	1206.23
36	Ladakh	36.80	0.57

Note: The above data is as per the available Financial Management Reports submitted by State/UTs and are provisional.