

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1019
TO BE ANSWERED ON 05TH DECEMBER, 2025**

**PACKAGES COVERED UNDER AB-PMJAY FOR MENTAL HEALTH
TREATMENT**

1019. SHRI NAVEEN JINDAL:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of packages covered under the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB-PMJAY) for mental health treatment and the impact of these services on beneficiaries across the country;
- (b) the details of the implementation of the District Mental Health Programme (DMHP) under the National Mental Health Programme (NMHP) and the number of districts covered by this programme across the country;
- (c) the number of Centres of Excellence established under the tertiary care component of NMHP and their role in increasing postgraduate intake in mental health specialities;
- (d) the status of Tele MANAS services, including the number of operational Tele MANAS Cells, calls handled and the impact of the recently launched Tele MANAS Mobile Application; and
- (e) the steps taken by the Government to ensure compliance with the Mental Health Care Act, 2017, in health insurance policies including the coverage of mental health conditions by insurers?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a): Under Ayushman Bharat - Pradhan Mantri Jan Arogya Yojana (AB-PMJAY), the latest national master of the Health Benefit Package provides cashless healthcare services for 1,961 procedures across 27 medical specialties, including 22 procedures under the Mental Disorders specialty, such as Intellectual Disability, Schizophrenia, Schizotypal and Delusional Disorders, and Autism Spectrum Disorder, among others. Further, States have been provided flexibility to further customize the Health Benefit Packages to local context. As on 31.10.2025, more than 2.27 lakh hospital admissions worth Rs. 241.57 crore have been authorized for mental health disorder conditions under the scheme.

(b) to (e): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition, there is a provision of 10 bedded in-patient facility at the District level. The objectives of DMHP are:

- i. to provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- ii. to provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- iii. to augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.
- iv. to promote community awareness and participation in the delivery of mental healthcare services.

Under the tertiary care component of NMHP, under Manpower Development Scheme-A, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties under Manpower Development Scheme-B.

The Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 27.11.2025, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 29,82,000 calls have been handled on the helpline number.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well-being to mental disorders. In addition, a video consultation facility has been introduced under Tele-MANAS, as an upgrade to the existing audio calling service.

Insurance Regulatory and Development Authority of India (IRDAI) has issued Master Circular on Health Insurance Business dated 29.05.2024, vide which insurers are required to provide wider choice to policyholders by offering products catering to all types of existing medical conditions; pre-existing diseases and chronic conditions. Insurers are also mandated to make available products in compliance with the provisions of Mental Health Care Act, 2017. In line with the above provisions, products are available in the market providing coverage for mental illness as per the respective product design of the insurers.
