

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
STARRED QUESTION NO. 81  
TO BE ANSWERED ON THE 5<sup>TH</sup> DECEMBER, 2025**

**MALNUTRITION RATE IN RAJASTHAN**

**†\*81. SHRI BHAJAN LAL JATAV:**

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the names of the schemes implemented by the Government to reduce malnutrition rate in the Karauli and Dholpur districts of Rajasthan; and
- (b) the comparative details of the malnutrition rate in the said districts vis-a-vis the national rate?

**ANSWER  
THE MINISTER OF HEALTH AND FAMILY WELFARE  
(SHRI JAGAT PRAKASH NADDA)**

(a) & (b) A Statement is laid on the Table of the House.

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA  
STARRED QUESTION NO. 81 FOR 5<sup>TH</sup> DECEMBER, 2025**

(a) The names of the schemes implemented by the Government of India to address the problem of malnutrition across the country are placed as under:

1. **Nutrition Rehabilitation Centres (NRCs)** provide medical and nutritional care to children under 5 years of age suffering from Moderate Acute Malnutrition (MAM) and Severe Acute Malnutrition (SAM) with medical complications.
2. **Anemia Mukh Bharat (AMB)** is implemented to reduce the prevalence of anemia among six beneficiary groups - Children (6-59 months), Children (5-9 years), Adolescents (10-19 years), Women of reproductive age (15-49 years), pregnant women and lactating mothers in a lifecycle approach.
3. **Mothers' Absolute Affection (MAA)** is implemented to improve early initiation of breastfeeding and exclusive breastfeeding for first six months followed by age-appropriate complementary feeding practices
4. **Lactation Management Centres** are established to ensure availability of Mother's Own Milk or safe, pasteurized Donor Human Milk for feeding of sick, preterm, low birth weight babies admitted in Neonatal Intensive Care Units and Special Newborn Care Units.
5. Under **National Deworming Day (NDD)**, albendazole tablets are administered in a single fixed day approach via schools and anganwadi centres to reduce worm infestation among all children (1-19 years).
6. In **Vitamin A supplementation Programme**, all children age 6-59 months are administered Vitamin A dose every 6 months in two rounds during Village Health Sanitation and Nutrition Days or in campaign approach.
7. Under **Home Based New-born Care (HBNC) and Home-Based Care of Young Children (HBYC) programme**, ASHAs visit homes to promote nutritional activities among children, identification and referral of sick children to health facility.
8. **Monthly Village Health, Sanitation and Nutrition Day (VHSND)** is an outreach activity for provision of maternal and child care services and awareness on their nutrition.
9. Under **Mission Poshan 2.0, Supplementary Nutrition Program** provides nutritional support to children (6 months - 6 years of age), pregnant women, Lactating mothers and Adolescent girls at Anganwadi centres as per nutrition norms that provide quality protein, healthy fats and micronutrients.

10. As per information received from Rajasthan, “**Doodhyukt Balahar Premix**” with additional milk powder addresses malnutrition among 6 months to 6 years malnourished children. Under, **Mukhyamantri Amrit Aahar Yojana**, children 3–6 years age group are provided hot sweetened milk for five days in a week across all Anganwadi Centres. Under **Amma (Acute Malnutrition Management and Action) Programme**, severely malnourished children are managed based on presence of medical complications.

(b) As per the National Family Health Survey 5 (2019-21), prevalence of malnutrition among children under 5 years across the country and districts of Karauli and Dholpur is as under:

<b>S. No</b>	<b>Indicator</b>	<b>India</b>	<b>Karauli</b>	<b>Dholpur</b>
1	<b>Children under 5 years who are stunted (%)</b>	35.5	37.6	45.7
2	<b>Children under 5 years who are under weight (%)</b>	32.1	37.3	31.3
3	<b>Children under 5 years who are wasted (%)</b>	19.3	26.6	13.7

\*\*\*\*\*