

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH
LOK SABHA**

UNSTARRED QUESTION NO. 3292 FOR 08.08.2025

STRENGTHENING OF YOGA AND NATUROPATHY

3292. Dr. Bhola Singh:

Smt. Smita Uday Wagh:

Will the Minister of Ayush be pleased to state:

(a) the details of the comprehensive action plan and implementation strategy adopted by the Government for the development, expansion and institutional strengthening of Yoga and Naturopathy systems in the country;

(b) the total expenditure incurred on schemes, programmes, institutions and promotional activities related to Yoga and Naturopathy from the financial year 2020-21 to 2024-25, year-wise and State/UT-wise;

(c) the annual budget allocated specifically for the development of Yoga and Naturopathy under the National AYUSH Mission (NAM) during the said period along with its geographical distribution;

(d) the policy initiatives, research projects and centres/institutes established during this period to promote research, innovation and evidence-based development in Yoga and Naturopathy; and

(e) whether the Government has undertaken any special initiatives in collaboration with State Governments and private institutions to promote training, public awareness and integration of Yoga and Naturopathy into public health systems and if so, the details thereof?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH
(SHRI PRATAPRAO JADHAV)**

(a) Ministry of Ayush promotes Yoga and Naturopathy through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune.

MDNIY provides various courses for Yoga education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga. Under the Central Council for Research in Yoga & Naturopathy (CCRYN), an autonomous body under the Ministry of Ayush, three (03) Central Research Institutes of Yoga and Naturopathy hospitals are established at Rohini, Delhi, Jhajjar, Haryana and Nagamangala, Karnataka. Also, under the aegis of NIN, an Educational Institute with 250 bedded teaching hospital namely 'Nisarg Gram' is established in Pune, Maharashtra.

The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively.

At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. IDY observation is focused on a Mass Yoga demonstration based on Common Yoga Protocol (CYP) which is publicly available on the Yoga Portal (yoga.ayush.gov.in).

Considering the need of Yoga enthusiasts worldwide, the Ministry has developed Yoga Break (Y-Break) mobile application. This app is especially designed for persons at work place so as to keep them stay fit and healthy with a view to increase productivity.

Ministry of Ayush and World Health Organization (WHO) had jointly undertaken a project, named, m-Yoga in the year 2019. This envisages the concept of the 'Be Healthy, Be Mobile' (BHBM) under the United Nations Sustainable Development Goals to achieve Universal Health Coverage by 2030. The m-Yoga mobile App was launched by Honorable Prime Minister of India on June 21, 2021 on the occasion of International Day of Yoga-2021.

Besides, Ministry is implementing the Centrally Sponsored Scheme of the National Ayush Mission (NAM) through State/UT Governments for the development and promotion of AYUSH systems of medicine, including Yoga and Naturopathy. Grant-in-aid is provided to States/UTs based on proposals submitted through their State Annual Action Plans (SAAPs).

Under NAM, support for Yoga and Naturopathy is not provided through a separate budget head, but is integrated within various eligible activities, such as AYUSH Health and Wellness Centres (now renamed as Ayushman Arogya Mandir - Ayush), public health programmes, infrastructure development, and strengthening of AYUSH educational institutions. These activities are implemented by the States/UTs in accordance with their specific needs and priorities.

(b) & (c) Ministry of Ayush provides financial assistance to MDNIY, NIN and CCRYN in the form of Grant-in-Aid. The total expenditure incurred on institutions and promotional activities related to Yoga and Naturopathy from the financial year 2020-21 to 2024-25 is tabulated as under:-

(Rs. in crores)

Year	2020-21	2021-22	2022-23	2023-24	2024-25
IDY Celebration	7.70	2.84	22.87	24.16	16.46
MDNIY	15.53	17.07	25.10	25.50	34.00
NIN, Pune	102.76	67.61	54.44	27.85	30.12
CCRYN	48.65	57.69	43.30	40.37	42.07

Further, under National Ayush Mission (NAM), based on SAAPs received from States/UTs, the Ministry of Ayush released ₹3406.932 crore during 2020–21 to 2024–25 for implementation of various activities including Yoga and Naturopathy. The details are as under:-

(Rs. in crores)

Year	Actual Allocation (BE)	Actual Expenditure
2020-21	705.000	397.187
2021-22	553.800	458.386
2022-23	800.000	547.489
2023-24	1200.000	867.326
2024-25	1200.000	1136.544
Total	4458.800	3406.932

Year-wise and State/UT-wise details are attached as **Annexure**.

(d) Ministry of Ayush is implementing the Central Sector Scheme namely AYURGYAN Scheme since 2021-22 with the aim to support Research & Innovation in Ayush by providing extra Mural Research activates and Education by providing academic activates, training and capacity building etc. The Scheme has 03 components viz. (i) Capacity Building & Continuing Medical Education (CME) in Ayush (ii) Research & Innovation in AYUSH from the FY 2021-22 and iii) Ayurveda Biology Integrated Health Research has been added under the scheme from FY 2023-24. There is a provision to provide support to Yoga & Naturopathy projects under Research & innovation in Ayush component.

Further, National Institute of Naturopathy (NIN) has been actively promoting scientific research in the field of Naturopathy. The National Institute of Naturopathy (NIN), Pune has established a dedicated Research Department to strengthen evidence-based studies in Naturopathy and Yoga. Under this department, NIN has successfully undertaken and published more than 60 research studies in International peer-reviewed scientific journals during this period, covering a wide range of topics related to Naturopathy, Yoga, Lifestyle Disorders, and Public Health.

Furthermore, during 2020-21 to 2024-25, Ministry of Ayush has established two (02) Central Research Institutes of Yoga and Naturopathy (CRIYN) at Jhajjar, Haryana and Nagamangala, Karnataka under Central Council of Research in Yoga & Naturopathy (CCRYN). The Council is running a scheme of establishing collaborative Research Centre's (CRC) to undertake

Collaborative Research with leading Medical as well as Yoga and Naturopathy Institutions. Furthermore, Yoga OPDs and integrative medicine centres have been set up in major health institutes across the country to offer yoga therapy services for mental health.

(e) No.

Annexure

State/UT-wise status of releases under the National AYUSH Mission (NAM) from 2020-21 to 2024-25

(Rs. In crore)

S.No.	Name of States/UTs	2020-21	2021-22	2022-23	2023-24	2024-25	Total Releases
1	Andaman & Nicobar Islands	2.518	2.961	1.424	4.073	5.428	16.403
2	Andhra Pradesh	3.852	0.000	0.000	0.000	24.972	28.824
3	Arunachal Pradesh	6.781	1.809	4.020	11.860	14.988	39.459
4	Assam	3.472	6.395	10.118	34.715	65.119	119.818
5	Bihar	5.165	16.861	0.000	11.611	0.000	33.637
6	Chandigarh	1.958	0.949	1.897	2.263	4.476	11.543
7	Chhattisgarh	26.911	8.413	0.000	21.514	31.941	88.779
8	Dadra & Nagar Haveli and Daman & Diu	0.000	0.000	0.000	4.085	6.907	10.992
9	Delhi	0.000	0.000	0.000	0.000	0.000	0.000
10	Goa	0.660	2.190	1.423	6.283	6.107	16.662
11	Gujarat	2.440	4.669	19.086	29.614	26.231	82.041
12	Haryana	30.344	6.477	12.199	30.266	13.719	93.005
13	Himachal Pradesh	4.949	12.618	38.736	36.592	28.991	121.886
14	Jammu & Kashmir	22.858	13.131	48.951	75.104	43.616	203.659
15	Jharkhand	0.000	13.098	77.526	23.904	32.171	146.698
16	Karnataka	21.844	18.215	17.141	50.315	60.673	168.187
17	Kerala	23.376	11.534	43.998	79.894	110.380	269.182
18	Lakshadweep	0.196	0.643	1.163	3.320	2.205	7.527
19	Madhya Pradesh	56.086	31.232	17.160	61.200	81.696	247.374
20	Maharashtra	0.000	0.000	0.000	22.355	26.812	49.167
21	Manipur	5.717	1.700	17.230	0.000	12.767	37.414
22	Mizoram	6.577	2.591	1.173	10.579	11.015	31.934
23	Meghalaya	2.480	6.098	7.968	17.226	15.205	48.977
24	Nagaland	12.549	2.323	4.958	10.170	13.421	43.420
25	Odisha	7.166	10.754	0.000	0.000	23.692	41.612
26	Puducherry	0.477	2.003	6.240	1.971	6.834	17.524
27	Punjab	0.898	5.273	0.000	1.099	17.011	24.280
28	Rajasthan	22.764	31.890	0.000	37.315	150.518	242.487
29	Sikkim	3.504	0.993	6.261	4.924	4.348	20.030
30	Tamil Nadu	6.166	23.483	24.287	66.358	73.803	194.096
31	Telangana	0.000	31.323	0.000	12.252	24.914	68.488
32	Tripura	2.701	1.387	10.309	5.670	8.158	28.225
33	Uttar Pradesh	103.739	138.097	144.376	124.186	139.032	649.430
34	Uttarakhand	6.565	26.225	18.558	32.344	24.411	108.103
35	West Bengal	2.473	21.180	10.566	33.794	23.084	91.098
36	Ladakh	0.000	1.875	0.723	0.473	1.903	4.973
	TOTAL	397.185	458.386	547.489	867.327	1136.544	3406.932