

GOVERNMENT OF INDIA  
MINISTRY OF WOMEN AND CHILD DEVELOPMENT

**LOK SABHA**  
**UNSTARRED QUESTION NO. 1061**  
TO BE ANSWERED ON 25.07.2025

**STATUS OF ADOLESCENT GIRLS AND CHILDREN UNDER POSHAN 2.0**

1061. MS. IQRA CHOUDHARY:

Will the Minister of Women and Child Development be pleased to state:

- (a) the number of adolescent girls (11-14) in Uttar Pradesh under POSHAN Abhiyan, district-wise;
- (b) the details of Health-IDs created under POSHAN Abhiyaan district-wise;
- (c) the number and percentage of stunted and underweight children (0-5), district wise;
- (d) the details of the amount sanctioned and disbursed for nutritional support to the said State, year-wise; and
- (e) whether any special steps have been proposed to improve the nutritional performance on stunting and underweight in the said State, if so, the details thereof?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF WOMEN AND CHILD DEVELOPMENT  
(SHRIMATI SAVITRI THAKUR)

(a) to (e): Under the 15th Finance Commission, various components like Anganwadi services, Poshan Abhiyaan and Scheme for Adolescent girls (of 14-18 years in Aspirational Districts and North-Eastern region) have been subsumed under the umbrella Mission Saksham Anganwadi and Poshan 2.0 (Mission Poshan 2.0) to address the challenge of malnutrition. It is a Centrally Sponsored mission, where the responsibility for implementation of various activities lies with the States and UTs. This mission is a universal self-selecting umbrella scheme where there are no entry barriers for any beneficiary to register and receive services. This mission is being implemented across the country.

The objectives of Mission are as follows:

- To contribute to development of human capital in the country;
- Address challenge of malnutrition;
- Promote nutrition awareness and good eating habits for sustainable health and wellbeing

Nutrition goes beyond mere eating of food; it requires proper digestion, absorption, and metabolism of nutrients. This process is influenced by factors like sanitation, education and access to safe drinking water. As malnutrition requires a multi-sectoral approach involving dimensions of food, health, water, sanitation and education, it is crucial to effectively address the issue of malnutrition in a convergent manner. It is being addressed under Mission Saksham Anganwadi and Poshan 2.0 by establishing cross cutting convergence amongst 18 Ministries/Departments.

Under Mission Poshan 2.0 a new strategy has been made for reduction in malnutrition and for improved health, wellness and immunity through activities like community engagement, outreach, behavioral change, and advocacy. It focuses on Maternal Nutrition, Infant and Young Child Feeding Norms, treatment of Severe Acute Malnutrition (SAM)/ Moderate Acute Malnutrition (MAM) and wellness through AYUSH practices to reduce prevalence of wasting, stunting, anaemia and being underweight.

Under this mission, Supplementary Nutrition is provided to Children (6 months to 6 years), Pregnant Women, Lactating Mothers and Adolescent Girls to beat the intergenerational cycle of malnutrition by adopting a life cycle approach. Supplementary nutrition is provided in accordance with the nutrition norms contained in Schedule-II of the National Food Security Act. These norms have been revised in January 2023. The old norms were largely calorie-specific; however, the revised norms are more comprehensive and balanced in terms of both quantity and quality of supplementary nutrition based on the principles of diet diversity that provides for quality protein, healthy fats and micronutrients.

Fortified rice is being supplied to AWCs to meet the requirement of micro-nutrients and to control anaemia among women and children. Greater emphasis is being laid on the use of millets at least once a week for preparation of Hot Cooked Meal and Take Home ration at Anganwadi centers.

Ministries of Women & Child Development and Health & Family Welfare have jointly released the protocol for Community Management of Malnutrition (CMAM) to prevent and treat severely acute malnutrition in children and for reducing associated morbidity and mortality.

Under this Mission, one of the major activities undertaken is Community Mobilization and Awareness Advocacy to educate people on nutritional aspects as adoption of good nutrition habit requires sustained efforts for behavioural change. State and UTs are conducting and reporting regular sensitisation activities under Jan Andolans during Poshan Maahs and Poshan Pakhwadas celebrated in the months of September and March-April respectively. Community Based Events (CBEs) have served as a significant strategy in changing nutritional practices and all Anganwadi workers are required to conduct two Community Based Events every month.

Various rounds of the National Family Health Survey (NFHS) conducted by Ministry of Health & Family Welfare since 1992-93 have shown improvement in malnutrition indicators in children across India. Details of these indicators for children since NFHS-1 to NFHS-5 are given below:

<b>NFHS Survey</b>	<b>Stunting %</b>	<b>Underweight %</b>	<b>Wasting %</b>
NFHS-1 (1992-93)*	52	53.4	17.5
NFHS-2 (1998-99)**	45.5	47	15.5
NFHS-3 (2005-6)***	48.0	42.5	19.8
NFHS-4 (2015-16)***	38.4	35.8	21.0
NFHS-5 (2019-21)***	35.5	32.1	19.3

\* Under 4 years

\*\* Under 3 years

\*\*\* Under 5 years

The above table gives a representative picture of malnutrition indicators among all children of 0-3 years, 0-4 years and 0-5 years age at the relevant time.

The projected population of all children up to 5 years in India for the year 2021 is 13.75 crores approximately (source: Population Projections for India and States 2011-2036, National Commission on Population, Ministry of Health & Family Welfare). However, only 7.36 crores children up to 5 years were enrolled in Anganwadis and registered on Poshan Tracker of the Ministry of Women & Child Development as per the June, 2025 data. 7 crores of these children were measured on growth parameters of height and weight. 37.07% of them have been found to be stunted, 15.93% have been found to be underweight and 5.46 percent wasted.

Further, the projected population of all children in India up to 6 years for the year 2021 is approximately 16.1 crores. As per the June, 2025 data of Poshan Tracker, 8.61 crores children (0-6 years) were enrolled in Anganwadis out of whom 8.19 crores were measured on growth parameters of height and weight. 35.91% of these children (0-6 years) have been found to be stunted and 16.50% children (0-6 years) have been found to be underweight.

The analysis of the above NFHS data and the Poshan Tracker data shows improvement in malnutrition indicators in children across India.

Various steps have been taken up from time to time to ensure uninterrupted nutrition delivery under Poshan 2.0. Following are some of the initiatives undertaken recently:

- Ministry vide notification dated 12th September, 2022 issued Integrated Nutrition Support Programme - Saksham Anganwadi and Poshan (2.0), Rules, 2022 to regulate the entitlements specified under the provisions of National Food Security Act, 2013 for every pregnant women and lactating mother, till six months after child birth and every child in the age group of six months to six years.
- District Nutrition Committee (DNC) chaired by the District Collector is envisaged as a critical mechanism for decentralized planning, implementation, and monitoring of nutrition interventions under Mission POSHAN 2.0. To strengthen and institutionalize the functioning of DNCs, specific Guidelines for District Nutrition Committees have been developed, including suggested data templates for regular review meetings. These guidelines aim to enhance multi-sectoral coordination, improve service delivery, and ensure targeted actions for improving the nutritional status of women and children at the district level.

- As on date, 2 lakh Anganwadi Centres have been approved to be upgraded as Saksham Anganwadis for improved nutrition delivery and for imparting early childhood care and development. Saksham Anganwadis are provided with better infrastructure than the conventional Anganwadi Centres which includes internet/Wi-Fi connectivity, LED screens, water purifier/installation of RO Machine and smart learning equipments.
- The Government has taken a policy decision to upgrade each Mini AWCs to a full-fledged Anganwadi Centre with one worker and one helper to help in carrying out the various responsibilities under Mission Saksham Anganwadi and Poshan 2.0 including responsibilities related to Early Childhood Care & Education. Sanction for upgradation of 88,716 Mini-AWCs has been issued till date.
- Poshan Tracker an ICT tool has been implemented for monitoring and tracking of infrastructure and service delivery at Anganwadi Centres (AWCs) and beneficiaries on defined indicators.
- For last mile tracking of Service Delivery, MWCD has developed Facial Recognition System (FRS) for the distribution of Take-Home Ration to ensure that benefit is given only to the intended beneficiary registered in Poshan Tracker. The FRS has been made mandatory for the distribution of THR from 1<sup>st</sup> July, 2025.
- The PM JANMAN Mission launched by Ministry of Tribal Affairs aims for targeted development of 75 Particularly Vulnerable Tribal Groups (PVTGs) residing in 18 States and a UT. This Mission focuses on 11 critical interventions related to 9 key Ministries including Ministry of Women and Child Development. As on date, a total of 2500 AWCs have been approved for construction under PM JANMAN across the country.
- Ministry of Tribal Affairs has launched Dharti Aaba Janjati Gram Unnat Abhiyan (DAJGUA) aimed at improving the socio-economic condition of tribal communities by adopting saturation coverage of tribal families in tribal majority areas and aspirational block ST villages. The intervention of Ministry of Women and Child Development involves establishment of 2000 new Saksham AWCs and upgradation of 6000 existing AWCs into Saksham AWCs from FY 2024-25 to FY 2028-29.

District wise details of malnutrition indicators for the State of UP for children (0-5 years) for the month of June, 2025 from Poshan Tracker Data are placed at **Annexure 1**.

The details of funds released to the State of UP under Mission Saksham Anganwadi and Poshan 2.0 are placed at **Annexure II**.

District wise details of number of adolescent girls under Mission Poshan 2.0 from Poshan Tracker data are placed at **Annexure III**.

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**ANNEXURE REFERRED IN REPLY TO PART (c) OF LOK SABHA QUESTION NO. 1061 FOR 25.07.2025 REGARDING “STATUS OF ADOLESCENT GIRLS AND CHILDREN UNDER POSHAN 2.0” ASKED BY MS. IQRA CHOUDHARY**

District wise details of malnutrition indicators for the State of UP for children (0-5 years) for the month of June, 2025 from Poshan Tracker Data are as follows:

S. No.	District	Stunted (%)	Wasted (%)	Underweight (%)
1	Agra	52.6	5.42	24.01
2	Aligarh	45.27	5.54	18.36
3	Ambedkar Nagar	46.07	5.58	19.28
4	Amethi	42.5	5.23	20.47
5	Amroha	53.73	5.68	23.99
6	Auraiya	43.74	5.76	17.32
7	Ayodhya	45.64	4.76	17.98
8	Azamgarh	44.31	2.5	14.19
9	Baghpat	44.07	3.67	17.13
10	Bahraich	49.45	6.39	22.16
11	Ballia	48.46	4.65	15.1
12	Balrampur	45.3	7.53	23.63
13	Banda	59.33	5.38	29.6
14	Barabanki	50.8	6.13	24.52
15	Bareilly	54.49	3.38	20.15
16	Basti	40.23	6.03	15.68
17	Bhadohi	49.41	4.46	17.54
18	Bijnor	40.28	3.88	15.84
19	Budaun	51.07	5.85	23.06
20	Bulandshahr	48.24	3.97	18.03
21	Chandauli	44.83	2.53	14.19
22	Chitrakoot	59.48	7.2	29.14
23	Deoria	46.79	5.35	17.53
24	Etah	53.47	3.39	19.5
25	Etawah	48.99	4.58	18.23
26	Farrukhabad	52.22	4.75	21.82
27	Fatehpur	51.06	6.13	25.73
28	Firozabad	56.37	3.84	20.66
29	Gautam Buddha Nagar	37.44	5.36	14.12
30	Ghaziabad	42.3	3.11	14.27
31	Ghazipur	52.95	3.43	17.83
32	Gonda	50.55	7.89	24.33
33	Gorakhpur	46.33	6.91	20.55
34	Hamirpur	54.72	6.16	24.43

35	Hapur	50.79	2.36	18.54
36	Hardoi	51.63	5.96	24.3
37	Hathras	46.34	5.47	18.32
38	Jalaun	48.15	1.67	13.57
39	Jaunpur	54.89	5.63	22.54
40	Jhansi	49.09	6.07	20.25
41	Kannauj	47.96	3.6	17.11
42	Kanpur Dehat	48.91	4.56	20.46
43	Kanpur Nagar	38.93	5.66	17.83
44	Kasganj	44.52	5.76	16.94
45	Kaushambi	50.64	4.69	19.72
46	Kushi Nagar	49.67	6	21.04
47	Lakhimpur Kheri	44.49	2.95	17.35
48	Lalitpur	51.95	7.87	26.54
49	Lucknow	51.4	5.95	23.56
50	Maharajganj	44.11	4.09	18.18
51	Mahoba	51.75	4.76	18.67
52	Mainpuri	51.57	5.64	17.1
53	Mathura	49.71	4.97	19.73
54	Mau	32.88	6.26	14.25
55	Meerut	46.96	2.35	17.3
56	Mirzapur	52.57	4.5	22.01
57	Moradabad	53.14	3.97	20.98
58	Muzaffarnagar	50.21	4.49	20.82
59	Pilibhit	51.6	4.46	18.79
60	Pratapgarh	51.05	5.75	19.14
61	Prayagraj	44.51	5.75	17.99
62	Raebareli	52.59	6.32	25.05
63	Rampur	49.52	4.82	22.44
64	Saharanpur	45.68	4.32	16.89
65	Sambhal	56.79	4.37	22.93
66	Sant Kabir Nagar	42.01	5.82	15.74
67	Shahjahanpur	46.96	4.19	19.77
68	Shamli	48.63	3.63	18.78
69	Shravasti	45.78	9.09	22.85
70	Siddharth Nagar	52.01	11.57	27.7
71	Sitapur	53.58	4.03	19.51
72	Sonbhadra	52.91	3.76	20.95
73	Sultanpur	50.82	6.44	19.84
74	Unnao	51.58	5.4	24.59
75	Varanasi	46.64	2.65	14.6

**ANNEXURE-II****ANNEXURE REFERRED IN REPLY TO PART (d) OF LOK SABHA QUESTION NO. 1061 FOR 25.07.2025 REGARDING “STATUS OF ADOLESCENT GIRLS AND CHILDREN UNDER POSHAN 2.0” ASKED BY MS. IQRA CHOUDHARY**

The detail of funds released to the State of UP under Mission Saksham Anganwadi and Poshan 2.0 is as follows:

**Funds released in Crores**

	<b>Name of the States/UT</b>	<b>FY 2021- 2022</b>	<b>FY 2022- 2023</b>	<b>FY 2023- 2024</b>	<b>FY 2024- 2025</b>
1.	Uttar Pradesh	2407.55	2721.87	2668.69	2694.62

**ANNEXURE-III****ANNEXURE REFERRED IN REPLY TO PART (d) OF LOK SABHA QUESTION NO. 1061 FOR 25.07.2025 REGARDING “STATUS OF ADOLESCENT GIRLS AND CHILDREN UNDER POSHAN 2.0” ASKED BY MS. IQRA CHOUDHARY**

District wise details of number of adolescent girls under Mission Poshan 2.0 from Poshan Tracker data as of June, 2025 are as below:

<b>Districts</b>	<b>Total adolescent girls</b>
Bahraich	27122
Balrampur	17378
Chandauli	28248
Chitrakoot	9953
Fatehpur	34613
Shravasti	5136
Siddharth Nagar	22661
Sonbhadra	14756

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