## GOVERNMENT OF INDIA MINISTRY OF AYUSH

# LOK SABHA UNSTARRED QUESTION NO. 5733 FOR 04.04.2025

### INTERNATIONAL YOGA DAY

## 5733. Shri Balya Mama Suresh Gopinath Mhatre: Shri Balwant Baswant Wankhade:

Will the Minister of **Ayush** be pleased to state:

- (a) whether the Government is likely to ensure that Yoga is made a part of the global health system and if so, the details thereof;
- b) the amount of funds spent for the promotion of International Yoga Day so far along with the benefits derived therefrom;
- c) whether the Government proposes to include Yoga as a compulsory subject in schools and colleges and if so, the details thereof;
- d) whether the Government proposes to provide international certification to Indian Yoga teachers; and
- e) if so, the details thereof and if not, the reasons therefor?

#### **ANSWER**

# THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH (SHRI PRATAPRAO JADHAV)

- (a) The Ministry of Ayush is implementing the Central Sector Scheme for Promotion of International Cooperation for AYUSH. Under this scheme the Ministry provides support to Indian AYUSH drug Manufacturers/ Ayush Service providers to give boost to the export of AYUSH products and services; facilitates the International promotion, development and recognition of AYUSH systems of medicine; foster interaction of stakeholders and market development of AYUSH at international level; promote academics and research through the establishment of AYUSH Academic Chairs in foreign countries and holding training workshop/symposiums for promoting and strengthening awareness and interest about AYUSH Systems of Medicine at international level including Yoga. The Ministry of Ayush has signed 24 Country-to-Country level Memorandum of Understanding (MoUs), and 51 Institute-to-Institute level MoUs, to promote and strengthen traditional Indian Medicine Systems globally.
- (b) At the initiative of the Hon'ble Prime Minister, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. So far

approximately Rs. 161 crore has been spent for the promotion of International Yoga Day. IDY was successfully celebrated every year, spreading the message of yoga across the globe. It is also observed that more and more people from diverse backgrounds are joining the IDY celebrations each year.

- (c) National Curriculum Framework (NCF) recommended Yoga as an integral part of Health and Physical Education. Health and Physical Education is a compulsory subject from Class I to Class X and optional from Class XI to XII. The National Council of Educational Research and Training (NCERT) has already developed integrated syllabi on Health and Physical Education from Class I to Class X. The syllabus is available on NCERT website www.ncert.nic.in. Further, NCERT has brought up two modules and books for the introduction of Yoga in schools for the age group between 8-18 years.
- (d) & (e) The Yoga Certification Board (YCB) under the Ministry of Ayush, provides certification of Yoga professionals and accreditation of Institutions, prescribing syllabus for various levels of Yoga trainers and any such activities that may be considered necessary for the promotion of Yoga. The aim of YCB is to bring quality and standards in practice of Yoga and to promote Classical Yoga as a career skill.

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