GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

LOK SABHA UNSTARRED QUESTION NO. †5703 TO BE ANSWERED ON 04th APRIL, 2025

AYUSHMAN AROGYA MANDIR IN DELHI

†5703. SHRI RAMVIR SINGH BIDHURI:

Will the MINISTER OF HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government is planning to open Ayushman Arogya Mandir (AAM) in Delhi and if so, the details thereof;
- (b) the total number of AAM proposed to be opened in Delhi location-wise; and
- (c) the details of various facilities proposed to be provided in the said AAM?

ANSWER

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

(a) to (c) With the objective of attainment of universal access to equitable, affordable and quality health care services, the Ministry of Health & Family Welfare is implementing various programs and provides technical and financial support to the States/UTs for improvement in infrastructure condition of health services.

The Ministry of Health and Family Welfare provides technical and financial support to the States/UTs to strengthen the public healthcare system, based on the proposals received in the form of Programme Implementation Plans (PIPs) under National Health Mission. Government of India provides approval for the proposal in the form of Record of Proceedings (RoPs) as per norms & available resources.

The UT of Delhi has proposed for operationalization of 123 Ayushman Arogya Mandir (AAMs), in Supplementary PIP for the FY 2025-26.

Ayushman Arogya Mandir (AAM), erstwhile Ayushman Bharat -Health and Wellness Centres program, is India's commitment for achieving promotive, preventive, curative, palliative and rehabilitative aspects of Universal Health Coverage with a goal to provide Comprehensive Primary Health Care (CPHC) including both maternal and child health services and non-communicable diseases as well as free essential drugs and diagnostic services closer to the homes of people.

Besides expanding and strengthening the existing Reproductive and Child Health (RMNCHA+N) services and Communicable Diseases services, the functional AAM provide Expanded Service Package which is as follows:

- 1. Care in Pregnancy and Child Birth.
- 2. Neonatal and Infant health care services.
- 3. Childhood and Adolescent health care services.
- 4. Family planning, contraceptive services and other reproductive health care services

- 5. Management of communicable diseases: National Health programmes
- 6. General out-patient care for acute simple illnesses and minor ailments
- 7. Screening, prevention, control and management of non-communicable diseases and chronic communicable diseases like tuberculosis and leprosy
- 8. Basic oral health care
- 9. Screening and basic management of mental Health ailments
- 10. Care for common ophthalmic and ENT problem
- 11. Elderly and palliative health care services
- 12. Emergency medical services including burns and trauma.

Ayushman Arogya Mandir comprises of following set of healthcare reforms to deliver comprehensive primary healthcare services under NHM:

- **Expanded range of services** The upgraded and strengthened Ayushman Aogya Mandir are now envisioning to provide 12 types of primary healthcare services.
- Additional cadre of Community Health Officer The newly introduced mid-level health providers i.e. Community Health Officers (CHO), carry out the role of clinician as well as public health manager, leading the team.
- Accessibility of essential medicines & diagnostics To complement the expanded package of services at Ayushman Arogya Mandir, 106 and 172 medicines are respectively made available at SHC-AAMs and PHC-AAMs. Similarly, the number of essential diagnostics available at PHC-AAM and SHC-AAM are 14 and 63 respectively.
- Infrastructure strengthening of the existing facilities ensured through external branding, reorganizing process flow, demarcation of space for OPD, dispensing medicines, conducting diagnostics tests etc. and ensuring space for wellness sessions.
- IT services, Teleconsultations & continuum of care Ayushman Arogya Mandir portal/application is used for reporting and monitoring the progress. Teleconsultation through e -Sanjeevani resolves the concerns of physical accessibility, opportunity cost and shortage of service providers and maintains continuum of care.
- Community participation Constitution of multistakeholder committees at facility and community such as Jan Arogya Samitis (JAS), Rogi Kalyan Samiti (RKS), Village Health Sanitation and Nutrition Committee (VHSNC) and Mahila Arogya Samitis (MAS) established to strengthen community participation and improve community ownership and governance.
- **Health promotion** Beyond the management of illnesses, promotive and preventive health is an integral part of comprehensive primary health care that includes physical activities like marathons, Yoga, meditation etc. Moreover, 42 Health calendar days annually and ten wellness sessions monthly are celebrated at Ayushman Arogya Mandir where various activities such as health talks, counselling for healthy diet and lifestyle, counselling & cessation activities on substance abuse, etc. are being undertaken to ensure wellbeing of the community.
- Ayushman Arogya Shivir/Health Mela From September 2023, Weekly Ayushman Melas at Ayushman Arogya Mandir & Community Health Centres (CHCs) had been organized by the States under the MoHFW's Ayushman Bhav Campaign with an aim to saturate key health care services. To take the momentum forward, from FY 2024-25 onwards, the melas have been institutionalized through monthly fixed day outreach services, namely Ayushman Arogya Shivir. Availability of specialist services i.e. Gynaecologist, Paediatrician, Surgeon, Anaesthetist, Eye specialist, ENT specialist, Dermatologist, Psychiatrist, Dental surgeon etc. up to the block level has made significant impact in health care.
