### GOVERNMENT OF INDIA MINISTRY OF AYUSH

## LOK SABHA UNSTARRED QUESTION NO-4793 FOR 28.03.2025

#### YOGA TRAINING CENTRES

#### 4793. Dr. M K VISHNU PRASAD:

Will the Minister of **Ayush** be pleased to state:

- (a) the number of new yoga training centres set up across the country during the last five years, State/UT-wise;
- b) the name of places where these centres have been set up in Tamil Nadu, district-wise;
- c) whether the Government has formulated any plan to increase the number of yoga instructors and popularize yoga among the masses and if so, the details thereof; and
- d) whether the Government has any proposal to set up yoga training centres in each district Headquarters of the country and if so, the details thereof?

#### **ANSWER**

# THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH (SHRI PRATAPRAO JADHAV)

- (a) & (b) Since public health is a state subject, setting up of new Yoga training centres comes under the purview of State/ UT Governments.
- (c) There are no such proposals with the Ministry.

However, Ministry of Ayush promotes Yoga in the country through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. MDNIY provides various courses for Yoga Education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga.

The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively. Also, Ministry of Ayush has established a Yoga Certification Board (YCB) for certification of Yoga professionals and accreditation of Institutions under various categories.

At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. IDY observation is focused on a Mass Yoga demonstration based on Common Yoga Protocol (CYP) which is publicly available on the Yoga Portal (yoga.ayush.gov.in).

Also, Ministry is implementing the Centrally Sponsored Scheme of National Ayush Mission (NAM) through State/UT Governments for development & promotion of different Ayush systems in the country including Yoga and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per NAM guidelines.

Under National Ayush Mission (NAM), Ministry of Ayush is implementing the operationalization of 12,500 Ayushman Arogya Mandirs (AAMs) through State/UT Governments. At these Ayush AAMs, Yoga will be taught to the public for general health promotion as community-based intervention by qualified Yoga Instructors.

(d) There is no such proposal with the Ministry to set up yoga training centres in each district Headquarters of the country.

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