## GOVERNMENT OF INDIA MINISTRY OF AYUSH

## LOK SABHA UNSTARRED QUESTION NO. 4777 TO BE ANSWERED ON 28.03.2025

## Ayurveda as Component of Global Healthcare System

4777. Dr. Shrikant Eknath Shinde:

Shri Rajesh Verma:

Smt. Shambhavi

Shri Naresh Ganpat Mhaske:

Shri Ravindra Dattaram Waikar:

### Will the Minister of *Ayush* be pleased to stated:

- (a) whether the Government is undertaking any specific initiatives to promote Ayurveda as a key component of global healthcare systems and if so, the details thereof;
- (b) whether the Government has any plan to enhance international collaboration in Ayurveda through forums such as the World Ayurveda Congress and if so, the details thereof;
- (c) the details of the steps being taken by the Government to integrate Ayurveda with modern medical practices to address contemporary health challenges;
- (d) the measures being implemented to increase public awareness and acceptance of Ayurvedic practices both domestically and internationally; and
- (e) whether the Government intend to support research and development in Ayurveda to ensure its efficacy and relevance in modern healthcare and if so, the details thereof?

# ANSWER THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH (SHRI PRATAPRAO JADHAV)

(a) & (b) Yes Madam/ Sir. The Ministry of Ayush has taken initiative for World Health Organization's (WHO's) Collaborative Centre for Traditional Medicines at Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar and Morarji Desai National Institute of Yoga (MDNIY), New Delhi, and National Institute of Indian Medical Heritage (NIIMH), Hyderabad, a unit under Central Council for Research in Ayurvedic Sciences (CCRAS), New Delhi. ITRA is running an International Centre of Ayurveda Studies (ICAS) centre to promote Ayurveda as a key component of global healthcare systems.

The WHO Global Traditional Medicine Centre (GTMC) in Jamnagar would emerge as a Centre of global wellness; bolster evidence-based research, training and awareness for Traditional Medicine. It will serve as a key knowledge hub for evidence-based Traditional, Complementary and Integrative Medicine (TCIM) on a global scale. This is the first and only global out posted Centre (Office) for traditional medicine across the world.

With regard to enhance international collaboration in Ayurveda through various forums, the Ministry of Ayush has developed a Central Sector Scheme (CSS) for the Promotion of International Co-operation (IC) in Ayurveda, Yoga & Naturopathy, Unani, Siddha, Homoeopathy (AYUSH) under which the Ministry of Ayush provides support to Indian Ayush drug Manufacturers/ Ayush Service providers to give boost to the export of AYUSH products & services; facilitates the International promotion, development and recognition of Ayush system of medicine; foster interaction of stakeholders and market development of Ayush at international level; promote academics and research through the establishment of foreign Chairs Ayush Academic in countries and holding training workshop/symposiums for promoting and strengthening awareness and interest about Ayush Systems of Medicine at international level. Under various components of CSS IC Scheme, the Ministry of Ayush supports AYUSH entrepreneurs, Ayush drug manufacturing industry, Ayush Health Care providers Participation/ organization of International exhibitions/ conferences/ workshops/ seminars/ road shows/ trade fairs, etc. in India and abroad by the Ministry of Ayush through Indian Mission/ Confederation of Indian Industry (CII)/ Federation of Indian Chambers of Commerce & Industry (FICCI)/ India Trade Promotion Organization (ITPO)/ Associated Chambers of Commerce and Industry of India (ASSOCHAM)/ Pharmaceutical Export Promotion Council of India (Pharmexcil), etc.

Ministry of Ayush has supported various international events/ conferences/ seminars/ workshops etc. organized by various organization including World Ayurveda Congress to enhance international collaboration in Ayurveda.

(c) & (e) The Ministry of Ayush has taken various steps to integrate Ayurveda with modern medical practices to address contemporary health challenges through Directorate General of Health Sevices (DGHS) Ayush Vertical. The Ayush Vertical under DGHS, established by the Ministry of Ayush and Ministry of Health and Family Welfare (MoHFW), serves as a dedicated institutional mechanism for planning, monitoring, and supervising Ayush-specific public health programs. This vertical provides technical support to both Ministries in developing strategies for public health, healthcare, Ayush education, and training. The Ministry of Ayush and MoHFW have jointly established Integrated Ayush Departments in Central Government Hospitals to promote integrative healthcare. As part of this initiative, the Department of Integrative Medicine has been set up and is operational at Vardhman Mahavir Medical College (VMMC) & Safdarjung Hospital and Lady Hardinge Medical College, New Delhi.

Central Council for Research in Ayurvedic Sciences(CCRAS), as the apex body of research in Ayurveda, has undertaken research projects on the treatment of various diseases in collaboration with modern institutions to promote the integration of Ayurveda with the modern system of medicine.

CCRAS has undertaken various research studies to examine the benefits and feasibility of integration of Ayurveda through the following research projects for integration of Ayurveda with modern system of medicine:

- 1. Operational study to explore the feasibility of integrating Ayurveda with modern system of medicine in a tertiary care hospital (Safdarjung Hospital New Delhi) for the management of Osteoarthritis (Knee). The study has been completed.
- 2. Feasibility of introducing Indian System of Medicine (Ayurveda) in the National Reproductive and Child Health services at Primary Health Care (PHC) level" in Himachal Pradesh. The study has been completed.

- 3. Integration of AYUSH systems in the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases & Stroke (NPCDCS). The study has been completed.
- 4. Feasibility of introducing Ayurveda Intervention in Reproductive and Child Health (RCH) in PHCs of Selected district (Gadchiroli) of Maharashtra (Effectiveness of Ayurvedic intervention for Ante-Natal care (Garbhini Paricharya) at Primary Health Care level: A Multi Centre Operational Study.
- 5. Further, under the Extramural Research Programme, Indian Council of Medical Research (ICMR) and Central Council for Research in Ayurvedic Sciences (CCRAS) under Ministry of Ayush has taken an initiative to set up Ayush-ICMR Advanced Centre for Integrative Health Research (AI-ACIHR), at AIIMS to conduct research on identified areas focusing on integrative healthcare. Under this program, four research areas in four AIIMS have been identified, which are as follows:

#### i. AIIMS Delhi:

- a) Advanced Centre for Integrative Health Research in Gastro-intestinal Disorders
- b) Advanced Centre for Integrative Health Research in Women and Child Health
- ii. AIIMS- Jodhpur: Advanced Centre for Integrative Health Research in Geriatric Health
- iii. AIIMS Nagpur: Advanced Centre for Integrative Health Research in Cancer Care
- iv. AIIMS Rishikesh: Advanced Centre for Integrative Health Research in Geriatric Health.

Institute of Teaching and Research in Ayurveda (ITRA), an autonomous body under the Ministry of Ayush encourages Post Graduate (PG) and Doctor of Philosophy (PhD) scholars and faculty researchers to collaborate with modern medical faculty to ensure Ayurveda's efficacy and relevance in modern healthcare. Since 2019, 25 integrative researches have been undertaken.

(d) The Ministry of Ayush, developed the Central Sector Scheme for Promotion of International Cooperation for AYUSH (IC Scheme). The details are provided at **Point** (a)&(b).

The Ministry also implements the CSS Scheme for Promotion of Information Education and Communication (IEC) in Ayush to create awareness regarding Ayush Systems of Medicine including Ayurveda, Yoga, Unani, Siddha and Homoeopathy system of medicine. This aims to reach out to all sections of the population across the country. This scheme provides assistance for organizing National/State Arogya Fairs, Yoga fests/ Utsavs, Ayurveda Parvs, etc. The Ministry also undertakes Multi-Media, Print Media Campaigns for creating awareness about Ayush Systems.

The Ministry of Ayush, through Institute of Teaching and Research in Ayurveda (ITRA), an Institute of National Importance, organizes various public participatory programs on regular basis to increase public awareness and acceptance of Ayurvedic practices domestically.

North Eastern Institute of Ayurveda and Homoeopathy (NEIAH) has taken various steps for health awareness among citizen in rural areas. NEIAH has opened a Peripheral Outpatient Department (OPD) in Ayurveda and Homoeopathy OPD at Smit areas, East Khasi Hills district of the State of Meghalaya to promote Ayurveda and Homoeopathy. The Institute also conducted a Health camps under the Pradhan Mantri Janjati Adivasi Nyaya Maha Abhiyan (PM-JANMAN) programmes. The Institute regularly gives free consultation in the Institute Hospitals both OPD and In-Patient Department (IPD) and conducting free Medical & Awareness Camps at Villages, schools, Govt. Dept., Military personnel and at community levels. Organized National Seminars/worships, Panel discussions, Doctor se Mileye in All India Radio, Shillong in English, Hindi and Regional Language (Khasi), TV Talks shows on Ayurveda in Doordarshan Kendra, Shillong etc.

For increasing awareness domestically, Central Council for Research in Ayurvedic Sciences (CCRAS) provides clinical care and engages in awareness activities to promote Ayurveda through its Information Education and Communication (IEC) Activities through its networks of 30 peripheral Institutes.

CCRAS has been engaged in popularizing the Ayurveda system among the masses through electronic and print media for common people in English, Hindi, and regional languages, which are widely distributed through National/State level Arogya melas, Health camps, exhibitions, expos, etc., and also through CCRAS

outreach programs viz. Schedule Caste Sub Plan (SCSP) Research Program, Tribal Health Care Research Program (THCRP), etc., in different states of the country through its robust 30 peripheral institutes. The Council website is also generally embodied with IEC materials and hyperlinked with other important websites that provide information for wider utility.

The Council has three journals named Journal of Drug Research in Ayurvedic Sciences (JRAS), Journal of Research in Ayurvedic Sciences (JRAS), and Journal of Indian Medical Heritage (JIMH) which is also available electronically in the public domain free of cost to enable dissemination of the outcomes of research among the public. The CCRAS is also publishing CCRAS Bulletin quarterly for dissemination of Research outcomes in common languages for the public. So far, the Council has published books, monographs, and technical reports, and they are being sold or distributed to disseminate research outcomes and merits of Ayurveda at large.

To increase awareness internationally, the CCRAS under the Ministry of Ayush has signed MoU/LoI/Agreements with different countries / foreign Universities/ Institutions/ organizations to promote International cooperation for the establishment of Academic Chair.

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