

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 3608  
TO BE ANSWERED ON 21<sup>ST</sup> MARCH, 2025**

**CASES OF NON-ALCOHOLIC FATTY LIVER DISEASES**

**3608. DR. K SUDHAKAR:**

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether there is a rise of Non-alcoholic Fatty Liver Diseases in the country and if so, the details thereof;
- (b) whether any specific programmes are made to create awareness about the dangers of the said diseases and if so, the details thereof;
- (c) whether the Government has decided to create awareness of many life style diseases which are on the rise in the country and if so, the details thereof; and
- (d) the steps taken/proposed to be taken by the Government to ensure periodic health checkups at Government schools for children for ensuring their health and well being?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE  
(SHRI PRATAPRAO JADHAV)**

(a) to (d): As per studies, Non-Alcoholic Fatty Liver Diseases (NAFLD) community prevalence ranges from 9% to 32%.

The Department of Health and Family Welfare, Government of India, provides technical and financial support to the States and Union Territories under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, early diagnosis, referral to an appropriate level of healthcare facility for treatment and management and health promotion and awareness generation for prevention, of Non-Communicable Diseases (NCDs). Under NP-NCD, 770 District NCD Clinics, and 6410 Community Health Center NCD Clinics has been set up.

Non-Alcoholic Fatty Liver Disease (NAFLD) interventions have been integrated within the broad structure of NP-NCD in 2021 and its operational guideline were developed. These operational

guidelines for NAFLD have been revised in 2024 focussed on health promotion, early detection and advocating a multidisciplinary approach for comprehensive patient care.

Preventive aspect of Non-Communicable Diseases is strengthened under Comprehensive Primary Health Care through Ayushman Aarogya Mandir Scheme by promotion of wellness activities and targeted communication at the community level. Other initiatives for increasing public awareness and promotion of healthy lifestyle includes observation of National and International Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through Food Safety and Standards Authority of India (FSSAI). Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are being carried out by Ministry of AYUSH.

Ministry of Health and Family Welfare (MoHFW) implements Rashtriya Bal Swasthaya Karyakram (RBSK) in all States/UTs, under National Health Mission (NHM) for children in the age group 0-18 years in Anganwadi centres, Government and Government aided schools with the objective of early identification and management for 32 selected health conditions - 4 D's i.e. Defects at Birth, Developmental delays, Diseases and Deficiencies. Multisectoral initiatives including physical activity promotion, counseling on healthy diet and awareness campaigns also conducted.