

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 3208
TO BE ANSWERED ON 13TH DECEMBER, 2024**

RISE IN NON-COMMUNICABLE DISEASES IN PUNJAB

3208. SHRI CHARANJIT SINGH CHANNI:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

(a) whether the Government is aware of the alarming rise in non-communicable diseases (NCDs) such as diabetes, hypertension and cancer in Punjab, as highlighted by recent reports and if so, the details thereof;

(b) the measures taken/proposed to be taken by the Government to address the underlying causes, including sedentary lifestyles, unhealthy diets and environmental factors contributing to these diseases; and

(c) whether there is any plan to launch a targeted programme in Punjab under the Ayushman Bharat scheme to combat the growing prevalence of NCDs in the country and if so, the details thereof, State/UT-wise?

ANSWER

**THE MINISTER OF STATE IN MINISTRY OF HEALTH AND FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a): As per the “India State-Level Disease Burden Initiative” study report and disease specific publications, the contribution of all non-communicable diseases (NCDs) and major NCDs like diabetes, hypertension and cancer to total Disability Adjusted Life Years (DALYs) is given in the table below:

Name of the disease group	Contribution to total DALYs			
	India		Punjab	
	1990	2016	1990	2016
All NCDs	30.5%	55.4%	NA	66%
Diabetes	0.7%	2.2%	1.3%	3.9%
Hypertension	3.9%	8.5%	7.3%	15.3%
Cancer	2.5%	5.0%	58.0*	85.5*

*Incidence rate per one lakh population

Full report is available at :

https://phfi.org/downloads/171110_India_Health_of_Nation_states_Report_2017.pdf

(b) & (c): The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD) as part of National Health Mission (NHM). The programme focusses on strengthening infrastructure, human resource development, early diagnosis, referral to an appropriate level of healthcare facility for treatment and management and health promotion and awareness generation for prevention of Non Communicable Diseases (NCDs). Under NP-NCD, 770 District NCD Clinics and 6410 Community Health Centre NCD Clinics has been set up.

A population-based initiative for screening, management and prevention of common NCDs have been rolled out as a part of comprehensive Primary Health Care in the country under National Health Mission (NHM). Screening of diabetes, hypertension, oral, cervical and breast cancer is an integral part of service delivery.

Further, initiatives for increasing public awareness for promotion of healthy lifestyle include observance of National Health Days, use of print, electronic and social media. NP-NCD gives financial support of ₹3 -5 lakhs at District level and ₹50-70 lakhs at State level under NHM for awareness generation activities for NCDs to be undertaken by the States and Union Territories as per their Programme Implementation Plans (PIPs).

Fit India movement is implemented by Ministry of Youth Affairs and Sports. Various Yoga related activities are carried out by Ministry of AYUSH.

Healthy Eating is promoted through Eat Right India movement of Food Safety and Standards Authority of India (FSSAI). ICMR- NIN (National Institute of Nutrition) along with Food Safety and Standards Authority of India (FSSAI) has recommended guidelines for High Fat High Salt, Sugars (HFSS) Food Labels on all Ready to eat foods so that consumption of these foods will be moderated. ICMR-NIN has recommended a new syllabus in Text books of School children in NCERT Board on Healthy Food habits and Nutrition as a Part of Nutrition Education and Communication Strategy for Healthy foods
