GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

LOK SABHA UNSTARRED QUESTION NO. 1991 TO BE ANSWERED ON $6^{\rm TH}$ DECEMBER, 2024

RISING DIABETES CASES

1991. SHRI BENNY BEHANAN: ADV DEAN KURIAKOSE:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the measures taken/proposed to be taken by the Government to address the rising diabetes cases in the country, particularly in States having higher prevalence rates, State-wise;
- (b) whether the Government has taken note that India contributes to 30 per cent of the world's untreated diabetes cases and if so, the steps taken/proposed to be taken to improve access to treatment in this regard and if so, the details thereof;
- (c) whether the Government is running or planning any nationwide campaigns to raise awareness about lifestyle modifications to prevent diabetes in the country; and
- (d) if so, the details thereof along with the campaigns, including their reach and impact assessments?

ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

(a) to (d): The Department of Health and Family Welfare, Government of India, provides technical and financial support to the States and Union Territories under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, early diagnosis, referral to an appropriate level of healthcare facility for treatment and management and health promotion and awareness generation for prevention, of Non-Communicable Diseases (NCDs) including diabetes. Under National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD), 753 District NCD Clinics and 6410Community Health Center NCD Clinics have been set up.

A population-based initiative for screening, management and prevention of common NCDs including diabetes has been rolled out as a part of Comprehensive Primary Health Care in the country under NHM. Screening of common NCDs is an integral part of service delivery. As per National NCD portal, till 30th November 2024, **32.33 crores** are **screened** for diabetes, **2.96 crores**

diagnosed and **3.13 crores** put on treatment for diabetes respectively. (State-wise list at **Annexure-A**).

Indian Council of Medical Research (ICMR) has informed that it is not true that India contributes 30 % of the untreated diabetes in the world. In the recent publication publication at link https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(24)02317-1/fulltext); the data included only those on allopathic drugs and excluded all those on lifestyle modifications and alternative systems of medicine. It included people who did not know that they had diabetes. Under the free drugs initiative of NHM essential drugs including for diabetes are provided free of cost in all public health facilities.

Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB PM-JAY) aims to provide health cover of Rs. 5 lakhs per family per year for secondary and tertiary care hospitalization to approximately 55 Cr beneficiaries corresponding to 12.37 Crore families constituting the bottom 40% of India's population.

In the latest national master of the Health Benefit Package (HBP) the scheme provides cashless healthcare services related to 1961 procedures across 27 specialties including Diabetes and complications arising due to diabetes through a network of more than 29,870 hospitals empanelled in the scheme. Some of the packages related to the complications arising from the diabetes are Diabetic foot, diabetic ketoacidosis, diabetic retinopathy, etc.

Further initiatives for increasing public awareness about NCDs including diabetes and for promotion of healthy lifestyle includes observation of World Diabetes Day, use of print, electronic and social media for continued community awareness. Financial support under National Health Mission (NHM) for awareness generation activities for NCDs including diabetes is provided to States/Union Territories as per their Programme Implementation Plans (PIPs).

"Healthy Eating" is promoted through "Eat Right India movement" of Food Safety and Standards Authority of India (FSSAI). "Fit India movement" is implemented by Ministry of Youth Affairs and Sports. Various Yoga related activities are carried out by Ministry of AYUSH.

Annexure A- State-wise list of Screened, Diagnosed, Under Treatment for Diabetes as per National NCD Portal as on 30^{th} November 2024

State	Screened	Diagnosed	Under Treatment
Pan India	32,33,32,732	2,96,26,225	3,13,97,907
Andaman & Nicobar Islands	69,026	16,288	16,263
Arunachal Pradesh	85,696	4,894	4,885
Assam	48,85,107	4,84,780	4,84,774
Bihar	2,21,06,230	2,43,432	2,42,970
Chandigarh	3,41,094	21,401	21,330
Chhattisgarh	92,12,582	9,39,202	9,32,171
Delhi	1,25,212	1,112	1,108
Goa	2,12,598	90,473	89,950
Gujarat	2,92,81,053	24,04,186	24,01,979
Haryana	67,95,930	4,32,376	4,30,213
Himachal Pradesh	30,52,860	2,04,034	2,04,034
Jammu & Kashmir	43,18,708	3,41,071	3,40,236
Jharkhand	37,23,768	53,565	53,271
Karnataka	2,37,00,475	28,83,541	28,74,257
Ladakh	1,22,934	8,768	8,741
Lakshadweep	14,701	1,223	1,207
Madhya Pradesh	2,19,54,953	23,89,724	23,75,604
Maharashtra	2,49,73,153	40,03,484	39,81,750
Manipur	1,46,406	23,484	23,354
Meghalaya	3,09,322	29,563	29,519
Mizoram	4,20,682	4,527	4,511
Nagaland	68,806	22,637	22,127
Odisha	1,66,08,189	15,12,414	15,04,728
Puducherry	1,01,821	56,542	56,298
Punjab	20,51,004	6,73,243	6,67,270
Rajasthan	1,25,16,333	16,21,613	15,96,432
Sikkim	1,31,601	33,866	33,467
Telangana	1,75,29,700	24,52,989	24,52,989
Tripura	6,55,590	72,781	72,590
Uttar Pradesh	1,93,07,695	2,06,347	2,05,950
Uttarakhand	19,91,482	80,965	80,797
Andhra Pradesh*	3,85,10,834	20,92,505	20,92,505
Kerela*	0	47,92,854	0
Tamil Nadu*	5,76,66,670	14,25,409	80,90,626
The Dadra And Nagar Haveli And Daman And Diu*	3,38,314	961	0
West Bengal*	2,203	1	1
	32,33,32,732	2,96,26,255	3,13,97,907

^{*}States using their own application and sending aggregate data to the National NCD Portal.