

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1913
TO BE ANSWERED ON THE 06TH DECEMBER, 2024**

TREATMENT OF LIFESTYLE DISEASES

1913: SHRI ARUN KUMAR SAGAR

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state :

- (a) Whether the Government has formulated/proposed to be formulated any special scheme for the treatment of heart, kidney and bone diseases in view the of increasing number of elderly people in the country; and
- (b) if so, the details alongwith the updated status thereof ?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) and (b) The Ministry of Health & Family Welfare had launched the “National Programme for Health Care of the Elderly” (NPHCE) during 2010-11 to address various health related problems of elderly people, introducing a comprehensive health care set up completely dedicated and tuned to the needs of the elderly. It envisaged providing promotional, preventive, curative and rehabilitative services in an integrated manner for the Elderly in various Government health facilities. The details of services provided under NPHCE are as below:

Primary Health Centre (PHCs)- Conducting health assessment of the elderly persons based on simple clinical examination relating to vision, joints, hearing, chest, BP and simple investigations including blood sugar, etc. Proper advice on chronic ailments like Chronic Obstructive Lung Disease, Arthritis, Diabetes, Hypertension, etc. including dietary regulations.

Community Health Centre (CHCs)- It is first medical referral unit for patients from PHCs and below. CHCs have dedicated and specialized Geriatric Clinics for the elderly persons twice a week. Physiotherapist/Rehabilitation worker at CHC for physiotherapy and medical rehabilitation. Domiciliary visits by the rehabilitation worker undertaken for bed-ridden elderly and counseling to family members for taking care of such patients.

District Hospital- Geriatric Clinic for providing regular dedicated OPD services to the Elderly for examination and management of their illnesses. They have 10 bedded Geriatric Ward for in-patient care to the Elderly including laboratory investigations and provision of medicines

for geriatric medical and health problems. Provide services to the elderly patients referred by the CHCs/PHCs. Referral services for severe cases to tertiary level hospitals/ Regional Geriatric Centre.

Regional Geriatric Centres (RGC) - RGCs have dedicated Geriatric Clinic (Specialized OPD for the Elderly) . They have 30-bedded Geriatric Ward for in-patient care and dedicated beds for the elderly patients in the various specialties, including laboratory investigations. Tertiary health care to the cases referred from medical colleges, district hospitals and below

National Centers for Ageing (NCA)- NCA is an apex level state-of-art multi-disciplinary institution in the field of Geriatric Medicine. It has state of the art tertiary level services. Daily outpatient services in various clinical disciplines, Day care center , In-patient care for intensive care, acute rehabilitation, diagnostic and therapeutic service etc. It is a 200 bedded facility.

The details of services provided are attached as per **Annexure-1**

Annexure-1**Data from States/UTs**

Services provided	F.Y. 2023-24 (April'23- March'24)	F.Y. 2024-25 (April'24- June'24)
Number of patients seen in Geriatric OPD	2,62,13,170	1,50,21,264
Number of patients admitted in Geriatric Ward	10,66,469	6,87,688
Number of elderly patients who received Rehabilitation services	19,97,574	8,96,441
Number of Lab tests performed on Elderly	52,13,483	69,95,339
Number of elderly patients who received Home based care	15,95,663	7,95,164
Number of elderly patients who received Supportive appliances	49,839	45,074

Data from Regional Geriatric Centres

Services provided	F.Y. 2023-24 (April'23- March'24)	F.Y. 2024-25 (April'24- June'24)
Number of patients seen in OPD	1,26,452	18,880
Number of patients admitted in Wards	10,425	2,919
Number of Lab tests performed on Elderly	1,13,123	21,145
Number of elderly patients who received Rehabilitation services	34,928	8,021

Note : NCA at AIIMS, New Delhi was inaugurated on 13th December 2023. NCA at Madras Medical College, Chennai was inaugurated on 25th February 2024.
