

GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA
UNSTARRED QUESTION No. 3665
TO BE ANSWERED ON 08.08.2022

Yoga Education

†3665. SHRI AJAY NISHAD:

Will the Minister of EDUCATION be pleased to state:

- (a) whether the Government has constituted any expert committee for standardisation of Yoga education and if so, the details thereof;
- (b) the time by which the said expert committee is likely to submit its report;
- (c) whether the University Grants Commission has recognised Yoga as a course at graduation and post-graduation level and if so, the details thereof; and
- (d) whether all Universities/colleges run full or part- time course to prepare Yoga instructors and if so, the details thereof?

ANSWER
MINISTER OF STATE IN THE MINISTRY OF EDUCATION
(DR. SUBHAS SARKAR)

(a) & (b): The Ministry had constituted a Committee under the Chairpersonship of Prof. H.R. Nagendra on 15th January, 2016 for making recommendations on Yoga Education in Universities. The Committee submitted its report in April, 2016 and prescribed curriculum for Yoga courses in its recommendations.

(c) & (d): The University Grants Commission (UGC) has informed that it has recognized the studies in Yoga at Graduation and Post Graduation levels. The UGC has also introduced Yoga as a new National Eligibility Test (NET) subject from January, 2017 UGC-NET onwards.

Further, as per All India Survey on Higher Education (AISHE) Portal 2019-20, 131 Universities are offering Yoga related courses.
