

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 3430  
TO BE ANSWERED ON 5<sup>TH</sup> AUGUST 2022**

**MENSTRUAL HYGIENE PRACTICES**

**3430: SHRI RAVIKUMAR D:**

Will the Minister of **HEALTH & FAMILY WELFARE** be pleased to state:

- (a) the number of Anganwadis and Schools implementing the scheme for promotion of Menstrual Hygiene practices in rural areas, State/ UT wise;
- (b) whether the ASHA workers are also being involved in the promotion of the scheme;
- (c) if so, the strategies and actions being adopted/ taken by them to spread the awareness on the objectives of the scheme;
- (d) whether any challenges are being faced by implementing agencies for spreading the awareness regarding the scheme; and
- (e) if so, the details thereof?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY  
WELFARE  
(DR. BHARATI PRAVIN PAWAR)**

(a) to (e) The Government is implementing the Scheme for Promotion of Menstrual Hygiene in the States/UTs for adolescent girls in the age group of 10-19 years with specific reference to ensuring health for adolescent girls.

The major objectives of the Scheme are: (i) To increase awareness among adolescent girls on Menstrual Hygiene (ii) To increase access to and use of high quality sanitary napkins to adolescent girls and (iii) To ensure safe disposal of sanitary napkins in an environmentally friendly manner.

The Scheme is supported by National Health Mission through State Programme Implementation Plan (PIP) route based on the proposals received from the States.

Under this scheme the sanitary napkins are provided to the adolescent girls in the village by the Accredited Social Health Activist (ASHA).Based on proposals received from the States/UTs, the capacity building of the ASHAs is supported under National Health Mission to sensitize them towards the management of menstrual hygiene and for seamless implementation of the Scheme. ASHAs hold monthly meetings with the adolescent girls in their respective areas to focus on issues of menstrual hygiene and simultaneously serve as a platform for supplying sanitary napkins to these girls. Monthly meetings are complemented by household visits to promote menstrual hygiene among girls who are unable to attend the monthly meeting and motivate attendance for future meetings.

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