

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 1055  
TO BE ANSWERED ON 22.07.2022**

**“PEOPLE SUFFERING FROM LONG COVID”**

**†1055. SHRIMATI MALA ROY:**

Will the Minister of **HEALTH & FAMILY WELFARE** be pleased to state:

- a) the number of people suffering from long COVID in the country;
- b) the details of the problems that occur over the long term because of COVID; and
- c) the estimates of the number of people suffering from such conditions/symptoms?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE  
(DR BHARATI PRAVIN PAWAR)**

(a) to (c): According to World Health Organization, most people who develop COVID-19 fully recover, but current global evidence suggests approximately 10%-20% of people experience a variety of mid- and long-term effects after they recover from their initial illness.

The symptoms of long COVID may include fatigue, shortness of breath or difficulty breathing, memory, concentration or sleep problems, persistent cough, chest pain, difficulty in speaking, muscle aches, loss of smell or taste, depression or anxiety and fever.

Ministry of Health & FW on 21<sup>st</sup> October 2021 has issued National Comprehensive Guidelines for Management of Post-Covid Sequelae (available at: <https://www.mohfw.gov.in/pdf/NationalComprehensiveGuidelinesforManagementofPostCovidSequelae.pdf>). The document contains detailed guidance for doctors on managing post-COVID complications affecting cardiovascular, gastrointestinal, nephrological, neurological and respiratory systems and rehabilitation from such complications.

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