

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO-3831
TO BE ANSWERED ON 25.03.2022**

PROMOTION OF YOGA AND NATUROPATHY

**3831. SHRI KANAKMAL KATARA:
DR. BHARATIBEN DHIRUBHAI SHIYAL:
SHRI RODMAL NAGAR:**

Will the Minister of **AYUSH** be pleased to state:

- a. whether the Government proposes to set up Yoga Institutes in Rajasthan to promote Yoga and Naturopathy;
- b. if so, the details thereof;
- c. the steps taken to promote Yoga and Naturopathy and encourage people to adopt it, State/UT-wise including Rajasthan along with the amount spent thereon during each of the last three years;
- d. the steps taken with far sightedness for mass promotion and development of Yoga and Naturopathy in view of grave concerns arising out of rapid spread of pollution related diseases which are affecting persons of all ages;
- e. whether the Government proposes to promote Yoga through digital media/electronic media to make it mandatory; and
- f. if so, the details thereof and if not, the reasons therefor?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a): There is no approved proposal currently with the Ministry to set up Yoga Institutes in Rajasthan to promote Yoga and Naturopathy.

(b): Does not arise in view of (a) above.

(c): Ministry of Ayush promotes Yoga through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. MDNIY provides various courses for Yoga education and imparts Yoga training through its centres. NIN,

a premier institute for Naturopathy organises activities related to Yoga and Naturopathy. The expenditure details of last three years of MDNIY, NIN & CCRYN are given at annexure.

Considering the need of Yoga enthusiasts worldwide, the Ministry has developed/upgraded various IT tools namely: Yoga Portal, Namaste Yoga App, Yoga Break (Y-Break) mobile application, and m-Yoga App, which was developed in association with the World Health Organization (WHO).

An Information Education and Communication (IEC) Scheme, has been devised by the Ministry, activities under which include steps to reach out to people to promote awareness about Ayush systems including Yoga. Various activities like public events, conferences, exhibitions, camps & programs on TV, Radio, Print-media etc are supported under the IEC Scheme.

Further, Ministry of Ayush has established a Yoga Certification Board (YCB) for certification of Yoga professionals and accreditation of Institutions, prescribing syllabus for various levels of Yoga trainers and any such activities that may be considered necessary for the promotion of Yoga.

(d): MDNIY conducts various education and training programmes for mass promotion and development of Yoga & Naturopathy. Breathing practices are main component of practicing Yoga which helps in increasing lung capacity.

(e) to (f): Ministry of Ayush, being the nodal Ministry for observation of International Day of Yoga (IDY) takes up various activities and programmes for promoting Yoga across the country through digital/electronic means as given at (c) above. However, there is no such proposal currently with this Ministry to make Yoga mandatory.

Annexure

Expenditure details of MDNIY, CCRYN and NIN in last three years

(Rs in lakhs)

S. No.	Year	MDNIY	NIN	CCRYN
1.	2018-19	1400	1010.00	3,916.00
2.	2019-20	1638	1155.00	6,415.00
3.	2020-21	1550	10276.00	4,870.17