

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO-3777
TO BE ANSWERED ON 25.03.2022**

NATUROPATHY DAY

**3777. SHRI GAUTHAM SIGAMANI PON:
SHRI SUNIL DATTATRAY TATKARE:
SHRI GAJANAN KIRTIKAR:
SHRI C.N. ANNADURAI:
DR. SUBHASH RAMRAO BHAMRE:
SHRI SELVAM G.:
SHRI DHANUSH M. KUMAR:
SHRIMATI MANJULATA MANDAL:
DR. DNV SENTHILKUMAR. S.:
SHRIMATI SUPRIYA SULE:
DR. AMOL RAMSING KOLHE:**

Will the Minister of **AYUSH** be pleased to state:

- a. whether the Government has celebrated Naturopathy Day and if so, the details thereof alongwith the functions organized to mark the occasion;
- b. whether the Naturopathy way of medicine in the country has been developed and popularized and if so, the details thereof and success achieved therein alongwith the challenges faced in this regard;
- c. the number of Institutes of Naturopathy in the country, State-wise, along with the details of diseases curable under Naturopathy;
- d. the steps taken by the Government to strengthen and expedite various R&D projects in Naturopathy;
- e. whether the Government has any plan to promote naturopathy centres in rural areas by equipping them with modern facilities for better accessible treatment to the people in villages and if so, the details thereof; and
- f. the steps taken/being taken by the Government to make the naturopathy system of medicine more effective?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a): Yes. Naturopathy Day is celebrated every year on 18th of November. The Ministry of Ayush observed 4th Naturopathy Day on 18th November, 2021 with the theme 'Rog Mukta Bharat' (Disease-Free India).

The Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi, an Autonomous Body under Ministry of Ayush organized a seminar on 17th November, 2021 at Dr. Ambedkar International Centre, Janpath, New Delhi. Four technical sessions were organised in the seminar on various Health related topics.

National Institute of Naturopathy (NIN), Pune, an Autonomous Body under Ministry of Ayush is conducting pan India, yearlong campaigns for 'Rog Mukh Bharat/ Disease-Free India'. The campaigns are focused on the propagation of the guidelines on healthy lifestyle for promoting health in all its aspects, with emphasis on Gandhian principles on nature cure and sustainable living for prevention of diseases.

Morarji Desai National Institute of Yoga (MDNIY), New Delhi, an Autonomous Body under Ministry of Ayush organized an event at Rajghat on 4th Naturopathy Day in collaboration with Gandhi Smriti and Darshan Samiti, New Delhi. MDNIY staff and students actively participated in the celebration of 4th Naturopathy Day and promoted the event through its various social media handles.

(b): Naturopathy is a drugless therapy. NIN, as part of its multifaceted activities, conducts in-house and outreach awareness programs, workshops, seminars to promote and propagate Naturopathy & Yoga across the country, conducts 8 batches of Yoga classes in its premises, offers Naturopathy treatments at OPD in NIN, having facility of Naturopathy Diet Centre, Health Shop, Gym, Library for visitors, patients etc. NIN publishes monthly bilingual magazine 'Nisargopachar Varta' and various books in Naturopathy & Yoga. Naturopathy treatments are suggested for post covid patients to improve immunity and to ease body pain.

(c): According to "AYUSH in India 2020", the annual statistical publication of the Ministry of Ayush, State/UT wise list of Naturopathy Hospitals and Dispensaries as on 01.04.2020 in the country are given at Annexure-A.

The National Institute of Naturopathy (NIN), Pune is an Autonomous Body under Ministry of Ayush and is engaged in propagation & promotion of Naturopathy. NIN provides Naturopathy treatment to general public through its OPD.

Also, Naturopathy treatment facilities are provided by Central Research Institute of Yoga & Naturopathy (CRIYN), New Delhi which is under CCRYN, New Delhi an apex body for research in the field of Yoga & Naturopathy. All psychosomatic and NCD diseases are manageable under Naturopathy.

(d): CCRYN is an apex body for research in the field of Yoga & Naturopathy. The steps taken by the Council to strengthen and expedite various R&D projects in Naturopathy are given at Annexure-B. Also, NIN conducts fellowship programs in Clinical Research, Methodology etc. as part of research activities.

(e) to (f): Government of India is implementing a Centrally Sponsored Scheme of National Ayush Mission (NAM) in the country for promotion and development of Ayush system including Naturopathy through States/UTs. The National Ayush Mission inter-alia makes

provision for the following for effectiveness of Ayush system of medicine including Naturopathy:

- i. Ayush Health & Wellness Centers under Ayushman Bharat
- ii. Co-location of Ayush facilities at Primary Health Centers (PHCs), Community Health Centers (CHCs) and District Hospitals (DHs)
- iii. Upgradation of existing standalone Government Ayush Hospitals
- iv. Upgradation of existing/setting up of new standalone Government/ Panchayat/Government aided Ayush Dispensaries
- v. Setting up of up to 50/ 30/ 10 bedded integrated Ayush Hospitals
- vi. Supply of essential drugs to Government Ayush Hospitals. Government Dispensaries and Government/Government aided Teaching Institutional Ayush Hospitals
- vii. Ayush Public Health Programmes
- viii. Infrastructural development of State Government Under-Graduate and Post-Graduate Educational Institutions.
- ix. Establishment of new Ayush Colleges in the States where availability of Ayush teaching institutions is inadequate in Government Sector.
- x. Behaviour Change Communication (BCC)/Information Education and Communication (IEC)
- xi. Ayush Gram

Number of Naturopathy Hospitals and Dispensaries as on 01.04.2020

| S.No. | State / UT | No. of Hospitals | No. of Dispensaries |
|--|----------------------------|------------------|---------------------|
| A. States/Union Territories | | | |
| 1 | Andhra Pradesh | 0 | 24 |
| 2 | Arunachal Pradesh | 0 | 0 |
| 3 | Assam | 0 | 0 |
| 4 | Bihar | 0 | 0 |
| 5 | Chhattisgarh | 0 | 0 |
| 6 | Delhi | 0 | 0 |
| 7 | Goa | 0 | 0 |
| 8 | Gujarat | 0 | 0 |
| 9 | Haryana | 0 | 0 |
| 10 | Himachal Pradesh | 1 | 0 |
| 11 | Jammu & Kashmir | 0 | 0 |
| 12 | Jharkhand | 0 | 0 |
| 13 | Karnataka | 24 | 39 |
| 14 | Kerala | 1 | 1 |
| 15 | Madhya Pradesh | 6 | 0 |
| 16 | Maharashtra | 0 | 0 |
| 17 | Manipur | 0 | 0 |
| 18 | Meghalaya | 0 | 0 |
| 19 | Mizoram | 0 | 0 |
| 20 | Nagaland | 0 | 0 |
| 21 | Odisha | 0 | 0 |
| 22 | Punjab | 0 | 0 |
| 23 | Rajasthan | 2 | 3 |
| 24 | Sikkim | 0 | 0 |
| 25 | Tamil Nadu | 0 | 0 |
| 26 | Tripura | 0 | 0 |
| 27 | Uttar Pradesh | 0 | 0 |
| 28 | Uttarakhand | 0 | 0 |
| 29 | West Bengal | 0 | 0 |
| 30 | A&N Island | 0 | 0 |
| 31 | Chandigarh | 0 | 0 |
| 32 | D&N Haveli and Daman & Diu | 0 | 0 |
| 33 | Ladakh | 0 | 0 |
| 34 | Lakshadweep | 0 | 0 |
| 35 | Puducherry | 0 | 0 |
| 36 | Telangana | 1 | 28 |
| TOTAL(A) | | 35 | 95 |
| B. CGHS & Central Government Organizations | | 3 | 15 |
| TOTAL(A+B) | | 38 | 110 |

Source: "AYUSH IN INDIA-2020" (Annual Statistical Publication of the Ministry of Ayush)

The CCRYN has taken following steps to strengthen and expedite various R&D projects in Naturopathy.

1. Collaborative Research Centres (CRC)

The Council is running a scheme of establishing Collaborative Research Centres (CRC) to undertake Collaborative Research with leading Medical as well as Yoga and Naturopathy Institutions. So far, three such centres are functioning.

2. Established Post Graduate Institutes of Yoga and Naturopathy Education and Research (PGIYNER) with 200 bedded Yoga and Naturopathy hospital at Jhajjar, Haryana and Nagamangla, Karnataka.
3. Established Yoga and Naturopathy OPDs/ Wellness Centres in various Government hospitals.
