

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO. 3375
TO BE ANSWERED ON 17th DECEMBER, 2021**

MEDICINAL HERB – “JUFA”

3375. DR. AMAR SINGH

Will the Minister of **AYUSH** be pleased to state:

- (a) whether the Government believes that the medicinal herb “Jufa”, available in high mountainous regions, can be effective in providing protection against respiratory problems;
- (b) if so, the details thereof;
- (c) the details of studies, if any, on the broader benefits of medicinal herbs to ensure good lung health for residents of highly polluted cities, conducted in the last three years, year-wise;
- (d) whether the Government is considering to initiate any schemes for promoting the use of such medicinal herbs in the most polluted cities of the country, as a necessary lifestyle change,
- (e) if so, details thereof; and
- (f) whether there are any existing plans or schemes for promoting the use of medicinal herbs for tackling respiratory problems and if so, details thereof?

ANSWER

**THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a) & (b) : Yes Sir. The medicinal herb “Jufa” (botanically known as *Hyssopus officinalis* L.) has been described in classical Unani literature for the treatment of different disease especially respiratory diseases. Jufa is used as one of the main ingredient of Unani formulations used in respiratory diseases, e.g. Sharbat zoofa Murakkab, Laooq Motadil, Laooq e Unsul, Laooq zeequn Nafas Balghami etc.

(c) : Central Council for Research in Unani Medicines (CCRUM), an autonomous organization under the Ministry of AYUSH has conducted a study on a Unani formulation Laooq e Katan in bronchial Asthma.

(d) & (e): For promoting the use of medicinal herbs, presently the National Medicinal Plants Board (NMPB), Ministry of Ayush, is implementing a “Central Sector Scheme for Conservation, Development and Sustainable Management of Medicinal Plants” under which there is a provision to provide support for establishing Home Herbal Gardens, School Herbal Garden, Institutional Herbal Garden, National/States importance Herbal Garden in project mode throughout the country.

(f) : The Ministry of Ayush is continuously taking various initiatives for promoting the use of medicinal herbs for tackling various health disorders including respiratory problems by different methods like providing treatment through General OPD, Reproductive and Child Health (RCH) OPD, Geriatric OPD, Non Communicable Diseases (NCD) Clinic etc. The Ministry of Ayush is also promoting/ publicizing the use of medicinal herbs / herbal medicines through Arogyas, Health Melas, Health Camps and Exhibitions etc.