GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

LOK SABHA UNSTARRED QUESTION NO. 2224 TO BE ANSWERED ON 10TH DECEMBER, 2021

ACCESS TO MENTAL HEALTHCARE SERVICES

2224. SHRI SUKHBIR SINGH JAUNAPURIA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether any study has shown that 50 percent people do not have access to mental healthcare service in the country;
- (b) if so, the major features of the report or study;
- (c) whether the Government proposes to introduce additional mental healthcare services so as to provide better facilities to the poor and deprived people; and
- (d) if so, the details thereof and whether Tonk and Sawai Madhopur districts in Rajasthan are included thereunder?

ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (DR. BHARATI PRAVIN PAWAR)

- (a) & (b): Government conducted the National Mental Health Survey (NMHS) of India through National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru in 2016 as per which the prevalence of mental disorders in adults over the age of 18 years is about 10.6%.
- (c) & (d): For providing affordable and accessible mental healthcare facilities to the population, including the poor and underprivileged, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 692 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care

and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level. Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. In addition, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialities.

Based on the PIP proposals received from the State Government of Rajasthan, all the 33 districts in the State (including Tonk and Sawai Madhopur) have been supported under the NCD Flexible pool of National Health Mission for implementation of the District Mental Health Programme.
