

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2127
TO BE ANSWERED ON 10TH DECEMBER, 2021**

SHORTAGE OF PSYCHOLOGISTS AND PSYCHIATRISTS

2127. SHRI LAVU SRI KRISHNA DEVARAYALU:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of psychologists and psychiatrists in India per 10,000 citizens;
- (b) the number of psychiatric beds and psychiatric nurses per 10,000 citizens;
- (c) the number of mental health hospitals, State/UT-wise;
- (d) whether the Government is aware there is a serious dearth of trained mental health professionals and if so, the steps taken to redress the same;
- (e) the steps taken to expand the limited curriculum on psychiatry in medical colleges and annul the belief that it is a non-scientific discipline; and
- (f) considering the dearth of mental health professionals, whether the Government has made any attempts to shift care of mental health patients away from institutions towards community-based care, if so, the details thereof and if not, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) & (b): The data regarding the number of mental health professionals in the country including psychologists, psychiatrists and psychiatric nurses is not maintained centrally. Mental Health in-patient services are provided at various secondary and tertiary level healthcare facilities, including District Hospitals, State Mental Hospitals, etc. The data regarding number of psychiatry beds is maintained by the Institutions/ Hospitals concerned, at their own level. However, there are 03 (three) Mental Health Institutions, namely, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam, and Central Institute of Psychiatry (CIP), Ranchi, under the administrative control of the Central Government. The details of total number of beds in these Institutions are as under:

S.No.	Name of the Institute	Total number of beds
1.	NIMHANS, Bengaluru	944
2.	LGBRIMH, Tezpur, Assam	336
3.	CIP, Ranchi	643

(c): As per the available information, there are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, State/ UT wise list of these Institutions is annexed.

(d): Lack of sufficient mental health professionals is one of the challenges faced in the mental healthcare service delivery.

With a view to augment the availability of qualified manpower in field of mental health, the Government, under NMHP, is implementing manpower development schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 25 Centres of Excellence and strengthening/ establishment of 47 Post Graduate (PG) Departments in mental health specialties in the country.

The Government is also augmenting the availability of manpower to deliver mental healthcare services in the underserved areas of the country by providing online training courses to various categories of general healthcare medical and para medical professionals through the Digital Academies established at the three Central Mental Health Institutes namely National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam, and Central Institute of Psychiatry, Ranchi.

(e): Psychiatry now has been made a compulsory subject with a dedicated question paper in MBBS. The curriculum is now competency based. The numbers of hours of psychiatry teaching and clinical postings is increased, marks for psychiatry have been increased and the psychiatry internship is made mandatory.

(f): The Mental Healthcare Act, 2017 provides for integration of mental health services into general healthcare services at all levels of healthcare including primary, secondary and tertiary healthcare and in all health programmes run by the appropriate Government. As such, the mental healthcare services are extended through various levels of healthcare delivery systems.

Further, the Government is implementing National Mental Health Programme (NMHP) and District Mental Health Programme (DMHP) in this direction of community based care as the services are made available in the district headquarters and more peripheral health centres. Medical Officers and the field level workers of the PHCs and the other staff of the primary care settings are getting trained to identify and treat psychiatric disorders present in the community. Further, the Ayushman Bharat Health and Wellness Centres are carrying out the 'Comprehensive Primary Health Care' initiatives of which 'mental health' is an indispensable part.

ANNEXURE

List of all Government Mental Hospitals in the country

S.No.	State	Name of the Mental Hospital
1.	Andhra Pradesh	Government Hospital for Mental Care, Chinnawaltair, Vishakapatnam, Andhra Pradesh
2.	Arunachal Pradesh	Mental Hospital, Midpu, Papum Pare District
3.	Assam	Lokopriya Gopinath Bordoloi Institute of Mental Health, Tezpur, Dist. Sonitpur, Assam (Central Govt. Institute)
4.	Bihar	Institute of Mental Health, Koelwar, Bhojpur, BIHAR
5.	Chandigarh	Mental Health Institute, Sector-32, Chandigarh
6.	Chhattisgarh	State Mental Health Hospital, Bilaspur, Chhattisgarh
7.	Jharkhand	Central Institute of Psychiatry, Kanke, Ranchi, JHARKHAND (Central Govt. Institute)
8.		Ranchi Institute of Neuropsychiaty and Allied Science (RINPAS), Kanke, Ranchi, JHARKHAND
9.	Delhi	Institute of Human Behavior & Allied Sciences, G.T. Road, P.O. Box 9520, Jhilmil, Delhi
10.	Goa	Institute of Psychiatry & Human Behavior, Panaji, GOA
11.	Gujarat	Hospital for Mental Health, Bhuj, Gujarat
12.		Hospital for Mental Health, Vikasgruh Road, Jamnagar, Gujarat,
13.		Hospital for Mental Health, Behind Kapadia High School, Outside Delhi Gate, Shahibaug Road, Ahamedabad, Gujarat
14.		Hospital for Mental Health, Karelilbag, Baroda
15.	Haryana	State Institute of Mental Health, PGIMS, Rohtak
16.	Himachal Pradesh	Himachal Hospital of Mental Health & Rehabilitation, Boileauganj, Shimla, HIMACHAL PRADESH
17.	Jammu & Kashmir	The Medical Superintendent, Psychiatric Diseases hospital GMC, Jammu, Ambphalla B.C. Road, Jammu
18.		Govt. Hospital for Psychiatric Diseases , Rainawari, Khatidarwaze, Srinagar, Kashmir
19.	Karnataka	Karnataka Institute of Mental Health, Belgaum Road, Dharwad, Karnataka
20.		National Institute of Mental Health and Neuro Sciences, Bangalore (Central Govt. Institute)
21.	Kerala	Mental Health Centre, Oolampara, Thiruvananthapuram, Kerala
22.		Govt. Mental Health Centre, Kuthiravattom, Kozhikode, Kerala
23.		Govt. Mental Health Centre, Poothole, Thrissur, Kerala
24.	Madhya Pradesh	Gwalior Manasik Arogyasala, Central jail Road, Gwalior, Madhya Pradesh
25.		Mental Hospital, Banganga Sawer Road, Indore, Madhya Pradesh
26.	Maharashtra	Regional Mental Hospital, Nagpur, Maharashtra
27.		Regional Mental Hospital, Yeravda, Pune, Maharashtra
28.		Regional Mental Hospital, Wagle Estate, Thane (W) MAHARASHTRA
29.		Regional Mental Hospital, Ratnagiri, MAHARASHTRA

S.No.	State	Name of the Mental Hospital
30.	Meghalaya	Meghalaya Institute of Mental Health & Neurosciences, Shillong, Meghalaya
31.	Nagaland	Mental Hospital, Kohima, Nagaland
32.	Orissa	Mental Health Institute, S.C.B. Medical College, Cuttack, Orissa
33.	Punjab	Dr. Vidyasagar Punjab Mental Hospital. Circular Road, Amritsar
34.	Rajasthan	Mental Hospital (Psychiatric Centre), Janta Colony, Jaipur, Rajasthan
35.		Mental Hospital, (Psychiatric Center), Shastri Nagar, JODHPUR
36.	Tamil Nadu	Institute of Mental Health, Medavakkam Tank Road, Kilpauk, Chennai, Tamil Nadu
37.	Telengana	Institute of Mental Health, Govt. Hospital for Mental Care, Hyderabad
38.	Tripura	Modern Psychiatric Hospital, Narsingarh, Agartala, West Tripura.
39.	Uttarakhand	State Mental Health Institute, Selakui, Dehradun
40.	Uttar Pradesh	Institute of Mental Health & Hospital, Billochpura, Mathura Road, Agra, Uttar Pradesh
41.		Mental Hospital Bareilly, Civil Lines, Bareilly, Uttar Pradesh
42.		Mental Hospital, S2/1 Pandeypur, Varanasi, Uttar Pradesh
43.	West Bengal	Lumbini Park Mental Hospital, 115, G.S, Bose Road, Calcutta, West Bengal
44.		Institute for Mental Care, Purulia P.O., Purulia, WEST BENGAL
45.		Mental Hospital Berhampore, Berhampore Mental Hospital, Berhampore, Murshidabad, WEST BENGAL
46.		Institute of Psychaitry7, D.L. Khan Road, Calcutta, West Bengal
47.		Calcutta Pavlov Hospital, 18, Gobra Road, Calcutta, West Bengal