

**GOVERNMENT OF INDIA  
MINISTRY OF AYUSH**

**LOK SABHA  
UNSTARRED QUESTION NO. 1144  
TO BE REPLIED ON 03<sup>rd</sup> DECEMBER 2021**

**STUDY ON ASHWAGANDHA FOR RECOVERY FROM COVID-19**

**1144. SHRI V.K. SREEKANDAN:**

Will the **Minister of Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy** be pleased to state:

- a) whether the Government has entered into a collaboration with an overseas institution to conduct a study on use of Ashwagandha for recovery from COVID-19;
- (b) if so, whether the trial will be conducted on 2,000 participants in three U.K. based cities and if so, the details thereof;
- (c) whether the Government is considering to conduct trials of various other Indian medicinal herbs for treating various diseases; and
- (d) if so, the details thereof?

**THE MINISTER OF AYUSH  
(SHRI SARBANANDA SONOWAL)**

(a) Yes. The Ministry of Ayush, Government of India through its Autonomous Institute i.e. All India Institute of Ayurveda (AIIA), Sarita Vihar, New Delhi has signed an agreement with London School of Hygiene & Tropical Medicine (LSH&TM), UK for conducting the study on “Ashwagandha for promoting recovery from Covid-19 in the UK” on 22 July 2021. The study is a Randomized, placebo controlled double blind trial.

(b) Yes. The clinical trial will be conducted on 2,000 people in three UK cities—Leicester, Birmingham and London (Southall and Wembley) to investigate

Ashwagandha's efficacy on COVID-19. In this study, one group of 1000 participants will be administered Ashwagandha (AG) tablets while the second group of 1.000 participants will be assigned a placebo, which is indistinguishable from AG in looks and taste, for three months.

(c) &(d) No,

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