

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 876
TO BE ANSWERED ON 23RD JULY, 2021**

ACCESS TO MENTAL HEALTHCARE

876. SHRI SUKHBIR SINGH JAUNAPURIA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether a study has been reported that 50 percent of people face difficulties in getting access to mental healthcare;
- (b) if so, the details thereof and the salient features of the report;
- (c) whether the Government proposes to provide additional mental healthcare facilities for the benefit of the poor and underprivileged, if so, the details thereof; and
- (d) whether any proposal has been received from the Government of Rajasthan in this regard?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) & (b): The Ministry of Health and Family Welfare has not received any such study. However, the Government conducted the National Mental Health Survey (NMHS) of India through the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru in 2016 as per which the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorders ranged between 70% to 92% for different disorders.

(c): For providing affordable and accessible mental healthcare facilities to the population, including the poor and underprivileged, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 692 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, inter-alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level. Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental

health specialities as well as to provide tertiary level treatment facilities. In addition, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialities.

(d): Based on the PIP proposals received from the State Government of Rajasthan, all 33 districts of the State have been supported under the NCD Flexible pool of National Health Mission for implementation of the District Mental Health Programme. Further, with a view to augment the availability of qualified manpower in the field of mental health, the following Institutions have been supported in the State of Rajasthan under the Manpower Development Schemes of NMHP:

- I. Scheme-A (Establishment of Centre of Excellence)
 - i. Sardar Patel Medical College, Bikaner
 - ii. Swai Man Singh Medical College, Jaipur
- II. Scheme-B (Strengthening/Establishment of PG departments in mental health specialties)
 - i. Ravindra Nath Tagore College, Udaipur
 - ii. S.P. Medical College, Bikaner