

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 1958
TO BE ANSWERED ON 30TH JULY, 2021**

NATUROPATHY MEDICAL CENTRES

1958. SHRI LALLU SINGH:

Will the Minister of **AYUSH** be pleased to state:

- (a) the details of the Naturopathy Medical Centres (NMCs) being run by the public and private sectors in the country;
- (b) the details of the funds allocated and the steps taken by the Government to promote Naturopathy during the last three years, year-wise;
- (c) whether the faith/inclination towards Naturopathy is increasing in the people; and
- (d) if so, the details thereof?

**ANSWER
THE MINISTER OF AYURVEDA, YOGA & NATUROPATHY, UNANI,
SIDDHA AND HOMOEOPATHY (AYUSH)
(SHRI SARBANANDA SONOWAL)**

(a): The Ministry of Ayush has established two autonomous bodies for Naturopathy System namely Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune.

Also, as per the Annual Statistical Publication of the Ministry of Ayush, "Ayush in India-2019", the total number of Government Naturopathy Hospitals are 14 and the total number of Government Naturopathy Dispensaries are 93 in the country.

Further, Ministry of Ayush is implementing the Centrally Sponsored Scheme of the National AYUSH Mission (NAM) in the country through State/UT Governments for promotion and development of AYUSH systems including Naturopathy. The State /UT Governments have been supported as per the provisions of NAM guidelines for development and promotion of AYUSH Systems including Naturopathy as per the proposal received through their State Annual Action Plans (SAAPs).

However, the Ministry does not maintain any data on private Naturopathy Medical Centres.

(b): The funds allocated to CCRYN and NIN in last three years are given below:

CCRYN:

Head	2018-19	2019-20	2020-21
Allocated (Rs. in Lakhs)	3774.00	6327.00	4085.00

NIN:

Head	2018-19	2019-20	2020-21
Allocated (Rs. in Lakhs)	1010.00	1155.00	10276.00

The Status of total grant-in-aid allocated under flexi pool component of NAM to different State / UT Governments for Naturopathy Centres during the last three years are as follows: -

Year	Amount approved (Rs. in Lakhs)
2018-19	527.57
2019-20	297.60
2020-21	9.60

The Ministry of Ayush promotes Naturopathy through its two autonomous bodies namely CCRYN, New Delhi and NIN, Pune. The activities of CCRYN and NIN are given at Annexure.

(c) & (d): The prevalence of Ayush systems is increasing from time to time. However, this Ministry does not have any specific information about increased faith/inclination about Naturopathy in the people.

Annexure

The Central Council for Research in Yoga and Naturopathy (CCRYN), New Delhi is the apex body for research in Yoga & Naturopathy. CCRYN is presently implementing following activities to promote Yoga & Naturopathy:

- i. **Two Post Graduate Institute of Yoga & Naturopathy Education and Research(PGIYNERs)** are set up in Jhajjar, Haryana and Nagamangala, Karnataka. OPD facility and Yoga classes are started in both of these PGIYNERs.
- ii. **Central Research Institutes of Yoga & Naturopathy (CRIYN)** in Odisha, West Bengal, Rajasthan, Andhra Pradesh, Kerala, Jharkhand and Chhattisgarh along with 100 bedded indoor hospital facilities to carry out in depth research studies to establish the efficacy of Yoga and Naturopathy in various remedies.
- iii. **Collaborative Research Centres (CRCs):** The Council is running a scheme of establishing Collaborative Research Centres (CRCs) to undertake Collaborative Research with leading Medical as well as Yoga and Naturopathy Institutions. So far, four such centres are functioning. One each at National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore, Defence Institute of Physiology and Allied Sciences (DIPAS), Delhi, Samskriti Foundation, Mysore and Kaivalyadhama Yoga Institute, Lonavala conducting collaborative research.
- iv. **Establishment of Yoga and Naturopathy OPDs/ Wellness Centre's:-** The Council has already opened Yoga and Naturopathy OPDs/Wellness Centre's in Govt. Hospitals/Institutes of Delhi, Haryana, Odisha, Tripura and Madhya Pradesh.

National Institute of Naturopathy (NIN), Pune has extended its multifaceted in-house activities like:

- i. Naturopathy OPD Clinic /Day Care IPD facility, where about 80 to 100 patients are treated/visit daily.
- ii. Eight regular yoga classes: therapeutic yoga (one to one for patients) sections.
- iii. Health Shop where organic health products free from chemicals are made available, treatment equipment and books on Naturopathy and Yoga in Marathi, Hindi and English are sold.

- iv. NIN also organizes Food Exhibitions, Naturopathy and Yoga Workshops, Seminars, lectures, Yoga demonstration, etc. for women's group and other general public in private and Govt. organizations, schools, colleges, etc.
- v. NIN has a well equipped and fully automated pathology lab, established in the premises of the Institute.
- vi. Free Hydro-Reflexology track for rejuvenation.
- vii. NIN publishes a bilingual monthly magazine 'NisargopacharVarta' in Hindi and English with articles on different diseases, Naturopathy treatment modalities, Healthy diet and food recipes, etc. which is highly appreciated by the readers.
- viii. Published IEC materials like a book on Nisargopachar-Paddhati, NaisargickAhaar, Swasthya and Yoga, Effects of Naturopathy and Yoga intervention on CD4 count of the individuals receiving Antiretroviral therapy report from a Human Immuno Deficiency Virus Sanatorium, Pune, etc. for free distribution.
- ix. NIN conducts One Year Treatment Assistant Training Course (TATC) for 10th passed students.
- x. Fellowship Programs including Gandhian Fellowship and Certificate/skill development program for general public and those in the field of Naturopathy & Yoga.
- xi. NIN has a Research Desk actively involved in In-house research activities individually and also in collaboration. NIN is having collaboration with various research and academic institutes.
- xii. Establishment of Naturopathy Hospital (250 Bedded), Medical College(UG/PG/Ph.D/Fellowship/Para Med.), Research Unit and Living Gandhi Memorial at new site in Yewalewadi, Pune.
- xiii. Naturopathy & Yoga Clinic/Hospital - Tribal Unit to cater the needs of tribal people located near Ashram School at Gohe Budruk, Pune.
- xiv. Celebration of Gandhi Jayanti, Naturopathy Day (18th November) and Organization of Mega Naturopathy camps.