

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 908
TO BE ANSWERED ON 5TH FEBRUARY, 2021**

MENTAL HEALTHCARE SERVICES

908. SHRI SUKHBIR SINGH JAUNAPURIA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether a recent study has found that mental healthcare services are inaccessible to half of the patients in the country;
- (b) if so, the details of the said study;
- (c) whether the Government proposes to boost mental health care to provide better services to poor and disadvantaged people;
- (d) if so, the details thereof; and
- (e) whether several States/UTs are proposed to be covered under such an initiative, if so, the details thereof State/UT-wise particularly Tonk and Sawai Madhopur district of Rajasthan?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): The Ministry of Health and Family Welfare has not received any such study. However, the Government conducted the National Mental Health Survey (NMHS) of India through the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru in 2016 as per which the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorders ranged between 70% to 92% for different disorders.

(c) to (e): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP). The Government is supporting implementation of the District Mental Health Programme (DMHP) under NMHP in 692 districts of the country with the objectives to:

- (i) Provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- (ii) Provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.

(iii) Augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.

(iv) Promote community awareness and participation in the delivery of mental healthcare services.

State/ UT wise details of districts approved under DMHP is annexed. All 33 districts in the State of Rajasthan are approved under DMHP including Tonk and Sawai Madhopur.

Annexure

State/UT wise details of districts approved under DMHP (2020-21)

S.No.	State/UT	Details of the districts approved
1	A & N Islands	All 3 districts
2	Andhra Pradesh	All 13 districts
3	Arunachal Pradesh	10; 6 existing (Papum pare, East Siang, Lohit, Tirap, Changlang & Upper Dibang valley); 4 new from 2020-21 (Kurung Kumey, Kra Dadi, Lower Subansiri, Lower Dibang valley)
4	Assam	All 27 districts (21 + Cachar, Chirang, Dibrugarh, kamrup (Rural), Sonitpur and Udalguri)
5	Bihar	31 (Banka, Buxar, Vaishali, Purnia, West Champaran, Muzaffarpur, Gopalganj, Kaimur, Jamui, Rohtas, East Champaran, Gaya, Bhagalpur, Araria, Begusarai, Katihar, Khagaria, Kishanganj, Madhepura, Madhubani, Saharsa, Sheohar, Samastipur, Saran, Sheikhpura, Sitamarhi, Siwan, Supaul, Aurangabad, Nawada, Munger)
6	Chandigarh	1 district (All UT)
7	Chhattisgarh	All 27 districts
8	Daman & Diu - Dadra & Nagar Haveli	1 (Daman) 1 (DNH)
9	Delhi	5 (Jahangirpuri, Chattarpur, Dwarka, Motinagar & Timarpur)
10	Goa	2 districts (state covered)
11	Gujarat	All 33 districts + 4 Corporations (Ahmedabad, Baroda, Surat & Rajkot)
12	Haryana	All 22 districts
13	Himachal Pradesh	All 12 districts
14	J & K	All 20 districts
15	Jharkhand	All 24 districts
16	Karnataka	All 31 districts & 15 Taluk hospitals
17	Kerala	All 14 districts
18	Laddakh	2 districts
19	Lakshadweep	1 district (All UT)
20	Madhya Pradesh	All 51 districts
21	Maharashtra	All 36 districts except Mumbai City & Mumbai Suburban
22	Manipur	All 16 districts (9 existing Imphal West, Imphal East, Thoubal and Bishnupur, Senapati, Ukhrul, Churachandpur, Chandel and Tamenglong + 7 new)
23	Meghalaya	All 11 districts
24	Mizoram	All 9 districts

25	Nagaland	All 11 districts
26	Odisha	All 30 districts
27	Puducherry	2 districts (Puducherry & Karaikal)
28	Punjab	All 22 districts
29	Rajasthan	All 33 districts
30	Sikkim	All 4 districts
31	Tamilnadu	All 32 districts
32	Telangana	All 33 districts
33	Tripura	All 8 districts - North Tripura, Unokoti, Dhalai, Gomati, Khowai, Sepahijala, West Tripura and South Tripura
34	Uttar Pradesh	All 75 districts
35	Uttarakhand	All 13 districts
36	West Bengal	All 28 districts
Total		692