

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 4033
TO BE ANSWERED ON 19TH MARCH, 2021**

NON ALCOHOLIC FATTY LIVER DISEASE

4033. DR. T.R.PAARIVENDHAR:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

(a) whether the researchers have recently observed the incidences of NAFLD (Non-Alcoholic Fatty Liver Disease) in 40-80 percent of people who have type-2 diabetes and in 30-90 percent of people who are obese and that those with NAFLD have a greater chance of developing cardiovascular disease;

(b) if so, the details thereof;

(c) whether the Government has taken or proposes to take any preventive measures in this regard; and

(d) if so, the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): Yes, some research studies indicate that Non-Alcoholic Fatty Liver Disease (NAFLD) is higher in type 2 Diabetes patients and with obesity. As per available studies those with NAFLD have a higher chance of developing cardiovascular disease.

(c) & (d): Government of India has developed Operational Guidelines for the Integration of NAFLD into National Programme of Prevention and Control of Cancers, Diabetes, Cardiovascular disease and Stroke (NPCDCS). These guidelines have also been shared with all the states for its implementation.

Promotion of healthy lifestyle is being done to prevent NCDs including NAFLD.