GOVERNMENT OF INDIA MINISTRY OF WOMEN & CHILD DEVELOPMENT

LOK SABHA UNSTARRED QUESTION NO. 2987 TO BE ANSWERED ON 12.03.2021

MALNUTRITION AMONG WOMEN

2987. DR. HEENA GAVIT:

DR. SHRIKANT EKNATH SHINDE: SHRI UNMESH BHAIYYASAHEB PATIL:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

- (a) whether the incidence of malnutrition among women is higher as compared to men and if so, the details thereof and the reasons therefor;
- (b) whether the incidence of malnourishment among children is largely under reported in many parts of the country and if so, the details thereof and the reasons therefor;
- (c) whether the faulty methods employed to diagnose malnutrition has led to poor detection of cases of malnutrition and if so, the details thereof; and
- (d) the details of efforts made by the Government to reduce malnutrition among women and children in the country?

ANSWER

MINISTER OF WOMEN AND CHILD DEVELOPMENT (SHRIMATI SMRITI ZUBIN IRANI)

(a) As per the report of National Family Health Survey (NFHS) – 4 conducted by Ministry of Health and Family Welfare in 2015-16, prevalence of undernutrition among women is 22.9% whereas among men it is 20.2%.

Under-nutrition is a complex and multi-dimensional issue, affected mainly by a number of generic factors including poverty, inadequate food consumption due to access and availability issues, inequitable food distribution, improper maternal infant and child feeding and care practices, inequity and gender imbalances, poor sanitary and environmental conditions; and restricted access to quality health, education and social care services.

- (b) & (c) Data on nutritional indicators is captured under the National Family Health Surveys conducted periodically and CNNS (2016-18) by the Ministry of Health and Family Welfare, with International Institute for Population Sciences (IIPS) being the nodal agency for conducting the surveys using a standardized methodology.
- (d) Government implements Anganwadi Services, Pradhan Mantri Matru Vandana Yojana and Scheme for Adolescent Girls under the Umbrella Integrated Child Development Services Scheme (ICDS) as targeted interventions to address the problem of malnutrition in the country.

Government has taken measures to strengthen nutritional content, delivery, outreach and outcomes with focus on developing practices that nurture health, wellness and immunity to disease and malnutrition. Steps have also been taken to improve nutritional quality and testing, strengthen delivery and leverage technology to improve governance. Government has advised States/UTs to ensure that the quality of supplementary nutrition conforms to prescribed standards laid down under the Food Safety and Standards Act, 2006 and regulations made thereunder. States/UTs have also been advised to promote use of AYUSH systems for prevention of malnutrition and related diseases. A programme to support development of Poshan Vatikas at Anganwadi centers to meet dietary diversity gap leveraging traditional knowledge in nutritional practices has also been taken up.
