

**GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF SCHOOL EDUCATION & LITERACY**

**LOK SABHA
UNSTARRED QUESTION NO. 1141
TO BE ANSWERED ON 08.02.2021**

Breakfast in Government Schools

1141. DR. SUBHASH RAMRAO BHAMRE:

SHRI KULDEEP RAI SHARMA:

SHRIMATI SUPRIYA SULE:

DR. AMOL RAMSING KOLHE:

SHRI SUNIL DATTATRAY TATKARE:

DR. DNV SENTHILKUMAR S.:

Will the Minister of EDUCATION be pleased to state:

- (a) whether the Government propose to offer breakfast in Government schools along with the mid-day meal and if so, the details thereof and the aims and objectives behind the move;
- (b) whether the Government proposes to provide breakfast which has nutritional contents and as per recommendations of National Institute of Nutrition and if so, the details thereof;
- (c) the budgetary allocation required for providing breakfast in schools along with the time by which it is likely to be started; and
- (d) whether the Government has been successful in implementing the Mid Day Meal Scheme and if not, the corrective measures taken/to be taken in this regard?

**ANSWER
MINISTER OF EDUCATION
(SHRI RAMESH POKHRIYAL 'NISHANK')**

- (a) to (c): The National Education Policy (NEP) envisages that the nutrition and health (including mental health) of children will be addressed, through healthy meals and the introduction of well-trained social workers, counsellors, and community involvement into the schooling system.

Furthermore, research shows that the morning hours after a nutritious breakfast can be particularly productive for the study of cognitively more demanding subjects and hence these hours may be leveraged by providing a simple but energizing breakfast in addition to midday meals. In locations where hot meals are not possible, a simple but nutritious meal, e.g., groundnuts/ chana mixed with jaggery and/or local fruits may be provided.

- (d): Mid-Day Meal Scheme (MDMS) is implemented all over the country successfully. During 2019-20, 11.80 crore children are enrolled in 11.20 lakh schools under the scheme.
