

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 2171
TO BE ANSWERED ON 23RD SEPTEMBER, 2020**

TREATMENT OF LIFESTYLE DISORDERS

2171. SHRI BASANTA KUMAR PANDA:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) whether the Government has formulated any plan to bring a change in mindset of people to suggest that AYUSH medicines are effective in the treatment of lifestyle disorders and have limited side-effects and if so, the details thereof;

(b) whether the Government has setup laboratories equipped with latest technologies for advance research on AYUSH medicines, if so, the details thereof;

(c) the details of other corrective measures being taken by the Government to popularize AYUSH system of medicine; and

(d) whether the Government is aware that the demand of Yoga professionals is gradually rising and if so, the details thereof?

ANSWER

**THE MINISTER OF HEALTH AND FAMILY WELFARE
(DR. HARSH VARDHAN)**

(a): Yes, the Ministry of AYUSH has taken following initiatives to bring a change in mindset of people for adopting AYUSH medicines as effective in the treatment of lifestyle disorders:-

- i. Three Research Councils of the Ministry of AYUSH namely Central Council for Research in Ayurvedic Sciences (CCRAS), Central Council of Research in Homoeopathy (CCRH) and Central Council for Research in Unani Medicines (CCRUM) have jointly taken up a project on National Programme for Prevention and Control of Cancer Diabetes Cardiovascular Diseases and Stroke (NPCDCS) through integration of AYUSH system on pilot basis in various districts of the country in collaboration with Directorate General of Health Services (DGHS), Ministry of Health and Family Welfare. In these centres, lifestyle disorder clinics are setup for providing services to people suffering from non-communicable diseases.
- ii. CCRH through its 24 institutes/units & 06 treatment centres; CCRAS through its 31 institutes/centres/units and CCRUM through its 18 institutes/units are providing various treatment facilities which include lifestyle disorders.

iii. Central Council for Research in Siddha (CCRS) has carried out extensive research on D5 chooranam for Diabetes mellitus. After successful completion of the clinical trial on D5 chooranam for Diabetes Mellitus, a patent has been published.

iv. The National Institutes of the Ministry of AYUSH have been conducting various Public awareness programs through print media, social media, conducting camps at their attached hospitals regarding the role of AYUSH interventions in Lifestyle disorders.

(b): Yes. Government of India had established Pharmacopoeia Laboratory for Indian Medicine (PLIM), Ghaziabad and Homoeopathic Pharmacopoeia Laboratory (HPL), Ghaziabad. These are the Central Appellate Laboratories under the provisions of Drug & Cosmetics Rules, 1945 and have been merged into Pharmacopoeia Commission for India Medicine & Homoeopathy (PCIM&H) on 6th July, 2020.

In addition, the research councils of the Ministry also have various state-of-art laboratories equipped with latest technologies at Hyderabad, Srinagar, Chennai, Gwalior and Kolkata.

(c): To popularize AYUSH system of medicine, the Ministry of AYUSH has been implementing a Central Sector Scheme for Promotion of Information Education and Communication (IEC) in AYUSH. This scheme provides for organizing National/State Arogya Fairs, Yoga Fests/Utsavs, Ayurveda Parvs and participating in seminars, exhibitions, workshops, conferences etc. The IEC activities include publicity campaigns through electronic media, print media and social media for spreading awareness about AYUSH systems of medicine amongst the citizens in the country.

The Ministry also observes days dedicated to AYUSH Systems of Medicine viz. International Day of Yoga, Ayurveda Day, Unani Day, Siddha Day, Naturopathy Day, Homoeopathy Day etc. to create awareness about the benefits of the respective AYUSH systems of medicine.

(d): The interest in Yoga in the country has grown with observation of International Day of Yoga in last 6 years, and the demand of Yoga professionals is gradually rising. At present Yoga is not a regulated system of healthcare and there are various Universities/Institutions which impart Yoga training to youth. The Ministry of AYUSH does not maintain data of such training.