

GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF SCHOOL EDUCATION & LITERACY

LOK SABHA
UNSTARRED QUESTION NO. 3465
TO BE ANSWERED ON 16.03.2020

Education relating to Nutrition for Children

3465. SHRI ANNASAHEB SHANKAR JOLLE:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the Government has taken note of the innovations done in the introduction of nutrition education from some organisations like Juvenile Well Being who are taking forward their research in introduction of the nutrition education with the help of Ministry of Women and Child Development in pre-schools/Anganwadis and if so, the details thereof;
- (b) whether the Government proposes to introduce such education in schools across the country from class I and if so, the steps taken/proposed to be taken by the Government in this regard;
- (c) whether the Government proposes some activity based learning for the tiny tots as a long term plan to get rid of the problem of malnutrition and create health conscious citizens and if so, the details thereof; and
- (d) whether the Government proposes to take expertise from organizations like Juvenile Well Being for preparing curriculum and implementing the same and if so, the details thereof?

ANSWER
MINISTER OF HUMAN RESOURCE DEVELOPMENT
(SHRI RAMESH POKHRIYAL 'NISHANK')

(a) to (d): Content related to Health and Nutrition has been included in the textbooks of Environmental Education at the primary stage. Topics related to nutrition have been incorporated in Science textbooks developed by NCERT wherever possible where sources of food, nutrients in food, deficiency of nutrients, balanced diet, nutritional needs of adolescents, etc. have been discussed.

Under Mid Day Meal scheme all the States/UTs are encouraged to set up School Nutrition (Kitchen) Garden to help in addressing malnutrition and micro nutrient deficiencies among children, enhance the knowledge of children regarding nutritional aspects and give children first-hand experience with nature and gardening.
