GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)

LOK SABHA
UNSTARRED QUESTION NO. 3239
TO BE ANSWERED ON 13TH MARCH, 2020

NATIONAL INSTITUTE OF YOGA

3239. SHRI SHRINIWAS PATIL:
   DR. AMOL RAMSING KOLHE:
   DR. SUBHASH RAMRAO BHAMRE:
   SHRI KULDEEP RAI SHARMA:
   DR. DNV SENTHILKUMAR S.:
   SHRIMATI SUPRIYA SULE:

   Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI,
   SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

   (a) the number of ‘National Institute of Yoga’ functional across the country, State/UT-wise;

   (b) whether these institutes have fulfilled the objectives for which they were set up, if so, the
details thereof;

   (c) the number of courses offered and the duration of such courses along with the fee charged
and the number of placements post completion of these courses;

   (d) whether these institutes have also established Yoga Wellness Centres in different districts of
the country under Public Private Partnership mode, if so, the details thereof, State/UT-wise; and

   (e) whether these institutes are engaged in research work in yoga to cure chronic diseases, if so,
the details thereof and the achievements made so far?

   ANSWER
   THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
   YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
   (SHRI SHRIPAD YESSO NAIK)

   (a): Morarji Desai National Institute of Yoga (MDNIY, New Delhi an Autonomous Body under
Ministry of AYUSH, is the only National Institute of Yoga in the country.

   (b): Yes. The details are given at Annexure-A.

   (c): Details of the courses offered by MDNIY and their duration are given at Annexure-B.
Placements are not part of the over-all scheme of the courses offered by MDNIY, and as such the
Institute does not maintain any placement data.

   Contd…….
(d): The Swami Vivekananda District Yoga Wellness Centre (SVDYWC) Scheme (since discontinued) was implemented during the 11th five year plan under Public Private Partnership (PPP) mode with a District as a unit for Yoga intervention. The scheme was launched during the year 2011-12. 159 centers at different districts of various States of India were established till 2012-13. (List enclosed- Annexure-C). The scheme has since been discontinued & closed w.e.f. 01.04.2016.

(e): MDNIY is essentially a teaching institution which works for Yoga education and training.

However, MDNIY has established Advance Centres for Yoga Therapy, Education and Research (ACYTER) in a few premier Medical Institutions/ Hospitals during the 11th Five Year Plan. The names of such institutions/ hospitals is as below:

i. National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore.
ii. Jawaharlal Institute of Postgraduate Medical Education and Research, Puducherry.
iii. Gujarat Ayurveda University, Jamnagar.
iv. Defense Institute of Physiology and Allied Sciences (DIPAS), New Delhi.
v. Government Medical College, Jammu.

Objective of these centres was to propagate the science of Yoga among the people for increasing its acceptability so that they can keep themselves healthy by reducing the incidence of diseases through regular practice of Yoga.

..................
(i) **Propagation of Yoga Education:**
MDNIY offers B. Sc (Yoga Science) and M. Sc (Yoga) courses with annual intakes of 30 and 15 seats respectively. In addition it also runs two prestigious Diploma courses, namely Post Graduate Diploma in Yoga Therapy for Medic

(ii) **Imparting Yoga Training:**
   a) Certificate Course in Yoga Science for Special Interest Group - 4 months
   b) Certificate Course in Yoga Protocol Instructor - 3 months
   c) Certificate Course in Yoga Protocol Instructor - 1 month
   d) Foundation Course in Yoga Science for Wellness - 1 month
   e) Yoga camps by DYSI students 2018–19 in Delhi & NCR
   f) Children’s Work Shop (During Summer)
   g) Yoga Centres at sports authority of India Stadia (4 centres)

(iii) **Providing Yoga Therapy**
   a) OPD Registration of Patients and sadhaks
   b) Yoga Therapy Programmes for patients and Sadhaks

(iv) **Global promotion of Yoga – World Health Organisation (WHO) Collaborative Centre**
MDNIY was designated as WHO Collaborating Centre for Traditional Medicine (WHOCC No. IND-118) in the year 2013 for 4 years i.e. till 2017. The WHO extended the collaboration by re-designating the institute as a WHO-CC in traditional medicine, for the next 4 years (i.e., 2017-2021). MDNIY is the only WHO Collaborating Centre in the world to engage in achieving Yoga specific outcomes.

A MoU between WHO and Ministry of AYUSH, MDNIY was signed for the implementation of a project entitled “mYoga– An mHealth Programme for Yoga” in 2019. This is part of WHO’s “Be Healthy, Be Mobile” (BHBM) initiative. This supports the scale up of mobile health (mHealth) technology within national health systems to help combat non-communicable diseases (NCDs).

(v) **Yoga Promotional Activities**
   a) MDNIY organises Yoga Mahotsav, a Curtain Raiser for International Day of Yoga (IDY) ever year.

   b) MDNIY provided technical support at National Summit of Radio Jockeys of FM Radio Channels, organized by Ministry of Information and Broadcasting in association with Ministry of AYSUH.

d) MDNIY organizes Mass Yoga Demonstration every year at Rajpath, New Delhi for IDY.

e) The institute is conducting Monthly Clinical Yoga Therapy Workshop on First Saturday by inviting Experts of Modern Medicine, Eminent Yoga Scholars and Researchers.

f) Providing technical support to UGC, NCERT, NCTE, CBSE, IGNOU, ICCR, MH&FW, MYA&S, MEA, MHA, MI&B, MW&CW, MR and other such bodies and ministries.

(vi) Publications

a). Printing of the Common Yoga Protocol (Hindi and English) booklet and DVDs for IDY every year.

b). Published 4 modules on Yoga for Children, Yoga for Adolescents, Yoga for Pregnant Woman and Yoga for Lactating Mother.

c). It has more than 40 Books and booklets and published more than 20 IEC publications (Hindi & English).

d). The Institute brings out booklets, leaflets, informative brochures etc. on fundamental aspects of Yoga and Yogic practices as well as on different diseases for the benefit of common public.
## Programmes of Morarji Desai National Institute of Yoga (MDNIY)

<table>
<thead>
<tr>
<th>Course/ Programme</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Intake</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Educational Programmes</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M.Sc. (Yoga)</td>
<td>02 years, comprising 04 semesters</td>
<td>B.Sc. (Yoga) or a Science/Medical/Para-Medical/Physiotherapy Graduate with One year Diploma in Yoga Science with Minimum 50% marks</td>
<td>15</td>
<td>----</td>
</tr>
<tr>
<td>Post Graduate Diploma in Yoga Therapy for Medicos &amp; Para Medicos</td>
<td>1 year, 02 semesters (Aug. to Jan. and Feb. to July)</td>
<td>Any Medical/Para-Medical/Physiotherapy minimum 4 years or more Graduate with minimum 50% marks</td>
<td>20</td>
<td>----</td>
</tr>
<tr>
<td>B. Sc (Yoga) affiliated to Guru Gobind Singh Indraprastha University, Sector-16, Dwarka, New Delhi</td>
<td>3 years, comprising six semesters</td>
<td>Pass in 12th class of 10+2 of CBSE with Science (Physics, Chemistry and Biology) with 50% marks</td>
<td>30</td>
<td>----</td>
</tr>
<tr>
<td>Diploma in Yoga Science (DYSc.) for graduates</td>
<td>1 Year comprising 2 semesters (Aug. to Jan. and Feb. to July)</td>
<td>Any Graduate with 50% of marks; below 30 years of age as on 1st of August</td>
<td>120 + 12 = 132 candidates</td>
<td>Rs. 12,500/- per Semester + 2500 as caution money</td>
</tr>
<tr>
<td>Certificate Course in Yoga for Protocol Instructor</td>
<td>3 months</td>
<td>Passed 10+2 from a recognized board or equivalent</td>
<td>30 per batch</td>
<td>Rs. 7,000/-</td>
</tr>
<tr>
<td>Certificate Course in Yoga for Wellness Instructor</td>
<td>6 months</td>
<td>Passed 10+2 from a recognized board or equivalent</td>
<td>30 per batch</td>
<td>Rs. 13,000/-</td>
</tr>
<tr>
<td>Certificate Course in Yoga Science for Special Interest Groups</td>
<td>4 months</td>
<td>On Government invitation/deputation</td>
<td>Max 100 Candidates In a batch</td>
<td>----</td>
</tr>
<tr>
<td>Foundation Course in Yoga Science for Wellness (FCYScW)</td>
<td>1 month</td>
<td>Matriculation examination from a recognised Board or its equivalent</td>
<td>45</td>
<td>Rs 2,250/-</td>
</tr>
</tbody>
</table>

## Health Promotion & Yoga Therapy Programmes

<table>
<thead>
<tr>
<th>Programme</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Intake</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Promotion Programme (HPP)</td>
<td>1 month</td>
<td>Open for all</td>
<td>50 Candidates In a batch</td>
<td>Rs 600/- Per Month</td>
</tr>
<tr>
<td>Yoga Therapy for Diabetes / Obesity / Metabolic Disorder</td>
<td>1 month</td>
<td>For patients</td>
<td>30 Candidates</td>
<td>Rs 750/- Per Month</td>
</tr>
<tr>
<td>Individual Special Yoga Therapy sessions</td>
<td>40-45 minutes</td>
<td>do</td>
<td>-</td>
<td>Rs 100/- per session</td>
</tr>
<tr>
<td>Weekend Yoga Training Programming</td>
<td>Only on Saturdays</td>
<td>Open for all</td>
<td>50 Candidates In a batch</td>
<td>Rs 500/- Per Month</td>
</tr>
<tr>
<td>Yoga Workshop for Children (YWC)</td>
<td>1 month (May-June)</td>
<td>For Children</td>
<td>100 in a batch</td>
<td>Rs 500/- Per Month</td>
</tr>
</tbody>
</table>

## Yoga Centres at Sports Authority of India (SAI) Stadia

<table>
<thead>
<tr>
<th>Centre</th>
<th>Duration</th>
<th>Eligibility</th>
<th>Intake</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Shayama Prasad Mukherjee Swimming Pool Complex, New Delhi</td>
<td>1 month (FCYScW)</td>
<td>Matriculation examination from a recognized Board or its equivalent</td>
<td>Max. seats 60</td>
<td>Rs 2,250/-</td>
</tr>
<tr>
<td>Major Dhyan Chand National Stadium, India Gate, New Delhi</td>
<td>1 month (HPP)</td>
<td>Open for all</td>
<td>Max. seats 30</td>
<td>Rs 600/-</td>
</tr>
<tr>
<td>Indira Gandhi Stadium Complex, IP Estate, New Delhi</td>
<td>1 month (HPP)</td>
<td>Open for all</td>
<td>Max. seats 30</td>
<td>Rs 600/-</td>
</tr>
<tr>
<td>Jawaharlal Nehru Stadium, Lodhi Road, New Delhi</td>
<td>3 months (CCYPI)</td>
<td>Matriculation examination from a recognized Board or its equivalent</td>
<td>Max. seats 60</td>
<td>Rs 7,000/-</td>
</tr>
<tr>
<td>Amity Centre for Yoga Education Therapy &amp; Research</td>
<td>3 months (CCYPI) / 1 month (FCYScW)</td>
<td>Matriculation examination from a recognized Board or its equivalent</td>
<td>Max 30 Candidates In a batch</td>
<td>Rs 7,000/- &amp; Rs. 2250/-</td>
</tr>
</tbody>
</table>
Annexure-C

LIST OF SVDYWCs

<table>
<thead>
<tr>
<th>S. No.</th>
<th>State/ UT</th>
<th>No. of Districts</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Andhra Pradesh</td>
<td>8</td>
</tr>
<tr>
<td>2.</td>
<td>Bihar</td>
<td>1</td>
</tr>
<tr>
<td>3.</td>
<td>Chhattisgarh</td>
<td>4</td>
</tr>
<tr>
<td>4.</td>
<td>Delhi</td>
<td>3</td>
</tr>
<tr>
<td>5.</td>
<td>Gujarat</td>
<td>9</td>
</tr>
<tr>
<td>6.</td>
<td>Haryana</td>
<td>10</td>
</tr>
<tr>
<td>7.</td>
<td>Himachal Pradesh</td>
<td>2</td>
</tr>
<tr>
<td>8.</td>
<td>Jharkhand</td>
<td>2</td>
</tr>
<tr>
<td>9.</td>
<td>Karnataka</td>
<td>9</td>
</tr>
<tr>
<td>10.</td>
<td>Kerala</td>
<td>3</td>
</tr>
<tr>
<td>11.</td>
<td>Madhya Pradesh</td>
<td>12</td>
</tr>
<tr>
<td>12.</td>
<td>Maharashtra</td>
<td>13</td>
</tr>
<tr>
<td>13.</td>
<td>Assam</td>
<td>9</td>
</tr>
<tr>
<td>14.</td>
<td>Manipur</td>
<td>5</td>
</tr>
<tr>
<td>15.</td>
<td>Meghalaya</td>
<td>2</td>
</tr>
<tr>
<td>16.</td>
<td>Tripura</td>
<td>2</td>
</tr>
<tr>
<td>17.</td>
<td>Nagaland</td>
<td>2</td>
</tr>
<tr>
<td>18.</td>
<td>Mizoram</td>
<td>1</td>
</tr>
<tr>
<td>19.</td>
<td>Odisha</td>
<td>10</td>
</tr>
<tr>
<td>20.</td>
<td>Puducherry</td>
<td>1</td>
</tr>
<tr>
<td>21.</td>
<td>Punjab</td>
<td>5</td>
</tr>
<tr>
<td>22.</td>
<td>Rajasthan</td>
<td>9</td>
</tr>
<tr>
<td>23.</td>
<td>Tamil Nadu</td>
<td>4</td>
</tr>
<tr>
<td>24.</td>
<td>Uttar Pradesh</td>
<td>19</td>
</tr>
<tr>
<td>25.</td>
<td>Uttarakhand</td>
<td>3</td>
</tr>
<tr>
<td>26.</td>
<td>West Bengal</td>
<td>9</td>
</tr>
<tr>
<td>27.</td>
<td>Chandigarh</td>
<td>1</td>
</tr>
<tr>
<td>28.</td>
<td>Jammu &amp; Kashmir</td>
<td>1</td>
</tr>
</tbody>
</table>