

**GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF SCHOOL EDUCATION AND LITERACY**

**LOK SABHA  
UNSTARRED QUESTION NO. 1307  
TO BE ANSWERED ON 10<sup>th</sup> February, 2020**

**Yoga in Educational Institutes/Schools**

**†1307. SHRI KANAKMAL KATARA:  
SHRIMATI KESHARI DEVI PATEL:**

Will the **Minister** of **HUMAN RESOURCE DEVELOPMENT** be pleased to state:

- (a) whether the Government proposes to include Yoga in the curriculum of all educational institutes/ schools for incorporating Yoga in day to-day life;
- (b) if so, the time by which it is likely to be done;
- (c) the schemes implemented for attracting the people towards Yoga and the number of teachers appointed for the purpose; and
- (d) the other steps taken/being taken by the Government for the promotion of yoga along with the funds allocated for the purpose?

**ANSWER**

**MINISTER OF HUMAN RESOURCE DEVELOPMENT  
(SHRI RAMESH POKHRIYAL 'NISHANK')**

(a) & (b): National Curriculum Framework (NCF), 2005 recommended Yoga as an integral part of Health and Physical Education. Health and Physical Education is a compulsory subject from Class I to Class X and optional from Class XI to XII. The National Council of Educational Research and Training (NCERT) has already developed integrated syllabi on Health and Physical Education from Class I to Class X. In addition, Central Board of Secondary Examination (CBSE) has introduced a streamlined and well designed Health and Physical Education (HPE) Program to mainstream health and physical education in schools for students of class I - XII. CBSE has made Health and Physical Education compulsory in all classes from I-XII. The Board has directed schools to keep one period of HPE for classes I-XII each day. The University Grants Commission (UGC) has prepared guidelines for institutional fitness plan.

These guidelines encourage higher educational institutions to adopt policies and practices towards fitness and well being of students and staff. The indicative guidelines inter-alia suggests denoting minimum one hour per day on fitness activities.

(c) & (d): The Government has included Yoga training in the “Study in India” programme to encourage Yoga seekers from abroad to obtain authentic Yoga training in India. UGC has approved the establishment of an Inter University Centre-Yogic Science at Bengaluru and introduced Yoga as a new National Eligibility Test (NET) subject from January 2017 UGC-NET onwards. Yoga Departments have been established in nine Central Universities.

Department of School Education and Literacy has launched an Integrated Scheme for School Education-Samagra Shiksha, with effect from 1st April, 2018. Under the Samagra Shiksha, Sports and Physical Education component has been introduced for the first time for encouragement of Sports, Physical activities, Yoga, Co-curricular activities etc. in all States and UTs. Yoga is also a part of the Fit-India Movement. The Department of School Education and Literacy in co-ordination with Department of Sports is organising activities on “Fit India Movement- Fit India School” in schools to inculcate physical activity/sports/yoga into the daily life of Students. The Department circulated advisory to school authorities to make necessary arrangements for the student to view/hear the Fitness Pledge programme and take the Fitness Pledge on 29<sup>th</sup> August, 2019. Nearly, thirteen lakh schools and eleven Crore students all over the country attended/viewed the programme and took the fitness pledge. The recruitment, service conditions and deployment of teachers including yoga teachers are under the jurisdiction of the State/Union Territory Governments and it is for the respective State/Union Territory Government to take a decision in such matters for their schools. However, as per UDISE 2018-19 (provisional), the total number of Physical Education Teacher (PET) appointed are 89661. Further, the Department has requested State/Union Territory Government to take necessary action to fill up the post of the Physical Education Teachers (PETs) in schools as per the norms. Meanwhile, where PETs are not available existing teachers may be trained on priority on the basis of physical education and fitness to ensure availability of at least one trained teacher in each middle and high school.

Ministry of AYUSH also strives to promote yoga and to create awareness for the benefit of the people through its three autonomous bodies namely Central Council for Research in Yoga and Naturopathy (CCRYN), Morarji Desai National Institute of Yoga (MDNIY) and National Institute of Naturopathy (NIN). For this purpose, an Information Education and Communication (IEC) Scheme, has been devised by the Ministry, activities under which include steps to reach out to people and to create awareness about Yoga and Naturopathy. IEC activities include programs on TV, Radio, Print-media etc. As a part of observation of International Day of Yoga (IDY) on 21st June, the Ministry of AYUSH has reached out to about 2.5 lakh Gram Pradhan with suggested plan of action for Yoga promotion in villages. Common Service Centres (CSCs) of the Ministry of Electronics & IT have also been roped in for promotion of Yoga in rural areas. Details of the funds allocated for observation of International Day of Yoga for the year 2019-20 is as under:

(Rs. in Thousands)

<b>S. No.</b>	<b>Head</b>	<b>BE</b>	<b>RE</b>
1	Publications	5000	0
2	Advertisement and Publicity	173000	146900
3	Professional Services	2000	0
4	Grants-in-Aid General	80000	37100

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