

GOVERNMENT OF INDIA  
MINISTRY OF WOMEN AND CHILD DEVELOPMENT

**LOK SABHA**  
**UN-STARRED QUESTION NO.1101**  
TO BE ANSWERED ON 07.02.2020

**POSTPARTUM DEPRESSION IN NEW MOTHERS**

1101. SHRIMATI PRATIMA MONDAL :

Will the Minister of women and child development be pleased to state:

- (a) whether the Government has taken steps to raise awareness regarding postpartum depression in new mothers ;
- (b) if so, the details thereof along with the programmes initiated thereunder; and
- (c) if not, the reasons therefor?

**ANSWER**

MINISTER OF WOMEN AND CHILD DEVELOPMENT  
(SHRIMATI SMRITI ZUBIN IRANI)

(a) to (c) : There is no specific programme to create awareness and to address the issue of postpartum depression in new mothers. However, as per the guidelines of Ministry of Health & Family Welfare for Antenatal care and Skilled Attendance at Birth by Auxiliary Nurse Midwife (ANM)/ Lady Health Visitors (LHVs)/ Staff Nurses (SNs), an ANM is supposed to do four Post Natal Care (PNC) visits for knowing the wellbeing of baby and the mother. First visit is conducted within 24 hours in case of home deliveries, second visit is conducted on 3<sup>rd</sup> day after delivery, third visit is conducted on 7<sup>th</sup> day after delivery and fourth visit is conducted 6 weeks after delivery. During her 2<sup>nd</sup> and 3<sup>rd</sup> visits, the ANM is required to assess and counsel all the postnatal women for any postpartum depression and refer to the Medical Officer for further management if required.

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